



## Life is like a Legacy Garden...What Kinds of Seeds are We Planting?

by Lori Witmer, Executive Director of Spiritual Services

April showers have brought out the May flowers! Warm sunshine beckons us outside. Spring bursts forth with resurrection hope when what appears dead comes to life. Bird's songs praise their Divine Creator. Greening landscapes speak of resiliency. It causes us to examine our interior landscapes. How do we grow while thawing from winter's darkness and griefs? What spiritual practices promote confident and resilient living?

Life is like a garden. What kinds of seeds are we planting in our legacy gardens? With God, as our Master Gardener, we can relax as God desires good for all (Psalm 145). Certain garden practices produce a bountiful harvest. Living resiliently has to do with our daily practices and discipline. Attentiveness keeps our mind, body and spirit whole with God's help.

What is your personal soil like? As soil can be amended with organic compost, so our life's soil can be enriched by positive friendships. Positivity provides a cushion against stress and grief. Empathy and kindness pull us upward. Friendships provide a safe place to share the burdens of life. Praying for one another places the burden in the care of God the Father as we surrender to God's care. "Our Father...Thy Kingdom come, Thy will be done on earth as it is in heaven" (Matthew 6). An empathetic friend provides community connections where we feel loved. Trauma studies reveal how new neural pathways can be created through positivity and kindness.

Mindful interactions help us live in non-reactive ways as we become aware of how our words and actions affect us and others. Self-awareness helps us take control of our emotional responses. Allowing space for another person's self-expression even if we disagree is the artful practice of respect. Positive interactions can help us change toxic and negative habits into more confident and healthy behaviors. Expressing gratitude and kindness to one another helps lift the human spirit. "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you" (Ephesians 4:32 NIV). With God's grace and merciful help, kindness is practiced in the face of adversity, or to return a gentle word in the face of anger, or to forgive our offender even if reconciliation seems impossible.

These choices give us a sense of dignity and free us to be whole and resilient. We each get to choose what seeds or practices we want in our life's garden. "Peacemakers who sow in peace reap a harvest of righteousness" (James 3:18 NIV). Hopefully, we will be known for practices of planting seeds of peace which produce a safe shelter for all of God's created beings. Exercising these practices of gratitude and kindness are a way of bringing about a harvest that blesses both us and our neighbors. Let's plant seeds of peace for a long legacy!

# Community Opportunities

## COMMUNITY MOVIES



### Movie at Chambers Pointe:

Join us for two Renaissance Movie Nights in May, both held in the Renaissance Club Room at 6:30pm! For more information, contact Sherry Kennedy @ 709-4543 or in-house ext. 4393.

- **Friday, May 5:** Our feature presentation will be **Hidden Figures**, the incredible true story of three brilliant African-American women working at NASA, who served as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn into orbit, a stunning achievement that restored the nation's confidence and turned around the Space Race. The visionary trio crossed all gender and race lines to inspire generations to dream big. (Approximate run time: 2 hrs., Rated PG, 2016)
- **Friday, May 19:** Disney's **The Ugly Dachshund**, starring Dean Jones & Suzanne Pleshette. The Garrisons are the "proud parents" of three adorable dachshund pups – and one overgrown Great Dane named Brutus, who thinks of himself as a dainty dachshund too. His identity crisis results in a series of household disasters and howls of laughter! (Approximate run time: 1 hr. 33 min., Rated G, 1966)

### Movies at Brookview:

For more information, contact Village Square PEP Team @ 261-2490 or in-house ext. 3126.

#### Brookview Chapel

- **Sunday, May 7** at 2:00pm: **Noah** – Filmed before a live audience at the "Sight & Sound" Theatre in Lancaster, PA (Approximate run time is 110 min.) This will be the first of 5 live DVD movies from "Sight & Sound" Theatre that we will be showing on a monthly basis!

#### Village Square Hobby Center

- **Tuesday, May 9** at 1:15pm: **The Story of Grand Canyon National Park**. "A mile deep and ten miles wide – it is one of the most awesome natural features on our planet. See this magical Canyon in all its moods...the life it hides – in unexpected dramatic moments...it's all part of the story!" (Approx. running time: 71 min., not rated)
- **Tuesday, May 23** at 1:15pm: **Radio** - Coach Jones (Ed Harris) befriends a mentally challenged student named Radio (Cuba Gooding Jr.). Soon, Radio is Jones' loyal assistant, and his self-confidence is skyrocketing. Together they inspire a team to become champions and a town to open their hearts. Based on a true story. (Approx. running time: 109 min., rated PG, 2003)

## MOVIES CONTINUED...

### Northgate Multi-Purpose Room Movie (Brookview) :

- **Wednesday, May 10** at 7:00pm in the Multi-purpose Room. Come and enjoy the hilarity of 2 episodes of the **Carol Burnett Show** from 1977 - 1978 with guests Roddy McDowall and Ken Berry.
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## WORSHIP OPPORTUNITIES

### Rosary - Rosaries provided for those who don't have their own.

- **Rosary at Brookview:** Every Tuesday at 9:15am in the Brookview Chapel
- **Rosary at Chambers Pointe:** Every Friday at 9:30am in the Chambers Pointe Chapel

### Lutheran Communion:

- Held in the Brookview Chapel the second Tuesday of every month at 1:30pm

### Bible Studies (Every Wednesday, unless otherwise noted)

- 10:30am Brookview Social Recreation Room
- 1:30pm Chambers Pointe William Penn Room
- 3:00pm Brookview Northgate Conference Room

### Catholic Mass - Held every month in both Chapels

- **Mass at Brookview:** First Thursday of every month in the Brookview Chapel.
- **Mass at Chambers Pointe:** First Wednesday of every month in the Chambers Pointe Chapel.

### Thursday Chapel Services

- Every Thursday at 10:15am in the Brookview Chapel -There will be a different speaker from community Churches that will bring the message each week.

### 2nd Sunday of the Month Service

- 6:15pm in Brookview Chapel by Cumberland Valley Mennonite Churches

### Sunday Services (Every Sunday, unless otherwise noted)

- Brookview Chapel: 8:45am and 10:15am (rebroadcast on Channel 956 at 6:30pm)
- Chambers Pointe Chapel: 10:15am

### Special Service

Music, communion, and short sermon by Central Presbyterian Church's Pastor Scott Bowerman will be held on Monday, May 8 at 1:00pm in the Chambers Pointe Chapel and at 2:00pm in the Brookview Chapel. All are welcome!

## UPCOMING TRIPS: For Cottage, Villa, and Apartment Residents

**NOTE:** Reservations for Purposeful Engagement trips will be taken by the Leisure Coordinator organizing the specific trip, regardless of which community you live on. The phone number for making reservations will be indicated for each trip. If you would like to contact the Leisure Coordinators via email, their email addresses are as follows: **Tresa Day: Tresa.Day@mennohaven.org**  
**Chris Mellito: Chris.Mellito@mennohaven.org**

**26th Annual Fabric Fair at North Pointe Business Center, May 3:** Fabrics, patterns, quilting supplies, antiques and more from 1:00 - 3:00pm. Bus departs from Northgate at 1:00pm, Brookview Chapel at 1:05pm and Chambers Pointe at 1:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Luhrs Center Shippensburg Presents "Pippin", May 3:** Winner of four 2013 Tony Awards, this new production is hailed as an "eye-popping, jaw-dropping extravaganza." Residents may purchase tickets by calling 717-477-7469. Bus departs from Northgate at 6:15pm, Brookview Chapel at 6:20pm and Chambers Pointe at 6:30 pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Chambersburg Mall-Black Rose Antique's, May 5:** This HUGE antique store is subdivided into 174 individual stalls for small business owners to sell antiques and other collectibles. Items and inventory change daily and weekly. Bus departs from Northgate at 12:40pm, Brookview Chapel at 12:45pm and Chambers Pointe Renaissance at 12:55pm, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 263-8545, ext. 3273.

**Maryland Sheep & Wool Festival, May 6:** at the Howard County Fairgrounds, West Friendship, MD. Admission \$5.00. Exhibits, competitions, workshops, food, entertainment and shopping. Bus departs from Northgate at 8:30am, Brookview Chapel at 8:35am and Chambers Pointe at 8:45pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Lifeway Book Store, May 8:** From Bible studies and inspiring Christian books, church supplies, music, and more, LifeWay has the solution for all your ministry needs. Bus departs from Northgate @ 1:10 pm, Brook view Chapel @ 1:15pm, Chambers Pointe Renaissance @ 1:25pm. To make reservations: sign up in the book at the Brookview concierge desk outside the chapel or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273

**Bavarian Inn for Lunch (Shepherdstown), May 10:** Visit a romantic country inn offering European elegance and world class service from its scenic location perched on a bluff overlooking the Potomac River, serving traditional Bavarian entrees. Enjoy a

## UPCOMING TRIPS CONTINUED

nice drive through the “Antietam Battlefield” on the way home (time permitting). Bus departs from Northgate at 10:25am, Brookview Chapel at 10:30am and Chambers Pointe Renaissance at 10:40am, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 263-8545, ext. 3273.

**Shopping at Lurgan Nursery, May 11:** One of the most popular greenhouses/nurseries in the area. Garden and house plants, hanging baskets, herbs, outdoor décor, pond supplies, and more. Bus departs from Northgate at 9:00am, Brookview Chapel at 9:05am and Chambers Pointe at 9:15am. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Lunch at Frontier BBQ, May 12,.** Fairfield PA. Fun roadside BBQ place in a park like setting. Great food and a scenic drive on the way. Bus departs from Northgate at 11:00am, Brookview Chapel at 11:05am and Chambers Pointe at 11:15am. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Boonsboro Greenfest, May 13:** 170+ vendors have registered to attend the event! Vendors will be selling Eco-friendly products and services, and providing information about programs and systems, such as solar and geothermal energy systems. The product list includes: herbs and vegetable plants, health care products, jewelry made from recycled and re-purposed materials, art on reclaimed wood, restored trunks, totes, bags, pottery, artisan cheeses, rain barrels and composting kits. Even a developer of green houses will be on hand. Lunch at Cracker Barrel-on your own. Bus departs from Northgate @ 9:30am, Brookview Chapel @ 9:35am, and Chambers Pointe Renaissance @ 9:45am To make reservations: sign up in the book at the Brookview concierge desk outside the chapel or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273

**“A Fifth of Beethoven”, May 14:** Maryland Symphony Orchestra show featuring internationally acclaimed pianist Yuliya Gorenman at 3:00pm. Bus departs from Northgate at 1:30pm, Brookview Chapel at 1:35pm and Chambers Pointe at 1:45pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Caledonia Trails with Pat Byers, May 15:** at 1:00pm. Explore some of the beautiful trails of Caledonia with Menno Haven resident guide Pat Byers. Wear comfortable shoes and long slacks. Bus departs from Northgate at 1:00pm, Brookview Chapel at 1:05pm and Chambers Pointe at 1:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Hershey Gardens and Butterfly Pavilion, May 16:** COST: \$9.00-charged to your account. Overlooking the town of Hershey, Hershey Gardens features a breathtaking assortment of flowers and shrubs, a stately collection of rare, signature trees, and various programs designed to delight visitors of all ages. The year ‘round Butterfly

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## UPCOMING TRIPS CONTINUED

Atrium offers a truly spectacular experience. Walk among 500 - 600 butterflies from around the world in a tropical setting that features colorful plants and a soothing water feature. One of only 25 indoor, tropical butterfly atriums in the country. Lunch inside the glorious Hershey Hotel-on your own. Bus departs from Northgate at 9:00am, Brookview Chapel at 9:05am and Chambers Pointe Renaissance at 9:15am, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 263-8545, ext. 3273.

**Beck & Benedict Bluegrass Jam, May 19:** Originally held in the Beck & Benedict Hardware store downtown many years ago, the B&B Jam is now held at a bigger venue in Waynesboro where you can better experience authentic bluegrass music. Admission is \$4.00 per person at the door. Bus departs from Northgate at 6:00pm, Brookview Chapel at 6:05pm and Chambers Pointe at 6:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**“Anne of Green Gables”, May 20:** Presented by the Chambersburg Community Theater at 7:00pm. Residents may purchase tickets by calling 263-0202. Tickets are \$18.00. Bus departs from Northgate at 6:00pm, Brookview Chapel at 6:05pm and Chambers Pointe at 6:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**Cowans Gap Lakeside Walk, May 23:** Lakeside Trail: 1.5 miles, easiest hiking. This is a very pleasant, nearly level, scenic trail that encircles Cowan's Gap Lake. This is the most popular trail in the park. Bus departs from Northgate at 12:30pm, Brookview Chapel at 12:35pm and Chambers Pointe Renaissance at 12:45pm, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 717-263-8545, ext. 3273.

**Dinner @ the Grille at Runways (Hagerstown Airport Runway), May 24:** The Grille at Runways will retain its aviation-related theme. Great food served in a comfortable, friendly atmosphere with a front row view of the runway. Our menu is a balance of nutrition and taste. Bus departs from Northgate at 4:15pm, Brookview Chapel at 4:20pm and Chambers Pointe Renaissance at 4:30pm, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 263-8545, ext. 3273.

**Chambersburg Country Club Birthday Night (May/December Birthdays), May 25**  
Any Menno Haven independent resident can enjoy a meal of their choice in the pub and receive your age off the menu price. Just tell server that you are a Menno Haven resident. Dinner starts at 5pm. 70th birthday in May? Receive 70% OFF!

## UPCOMING TRIPS CONTINUED

**Washington County Museum of Fine Arts & Jonathan Hager House Tour, May 26:** Let's visit the Washington County Museum of Fine Arts and tour the Jonathan Hager House. Museum admission is free; there is a minimal fee (\$2) to tour the Jonathan Hager House. Moderate walking and some steep steps involved in the J. Hager House. Lunch afterwards @ Maloo's Pub and Grill (lunch on your own). Bus departs from Northgate at 9:40am, Brookview Chapel at 9:45am and Chambers Pointe Renaissance at 9:55am, Sign-up book available at Brookview concierge desk outside the chapel or call Chris Mellito @ 263-8545 or 3273.

**Destination Dinner at Montezumas, May 30:** Popular Mexican restaurant in Chambersburg. Bus departs from Northgate at 4:30pm, Brookview Chapel at 4:35pm and Chambers Pointe at 4:45pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

**"Driving Miss Daisy" May 31:** Presented by Totem Playhouse Presents at 2:00pm. Starring award-winning actress Michael Learned (The Waltons), and Lance E. Nichols. This Pulitzer-Prize winning masterpiece is a delicate depiction of racial tensions, the passage of time, and the experience of aging. Bus departs from Northgate at 12:30pm, Brookview Chapel at 12:35pm and Chambers Pointe at 12:45pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

### CLOTHING ALTERATIONS

#### Lou Ann's Alterations

Held the first & third Tuesday of each month at both the Brookview and Chambers Pointe Communities: This month she will be here on Tuesdays, **May 2 & 16** at the following times & locations. Bring items that need minor repairs or altering and, unless otherwise stated, Lou Ann will return them at her next session. Fees will be determined by and are payable to Lou Ann Myers.

- **Brookview Social Rec Room**  
9:00am - 10:00am
- **Chambers Pointe Garden Level Lounge**  
10:30am - 11:30am

### BOOKMOBILE

The Bookmobile stops at both the Chambers Pointe and Brookview communities. They are scheduled to be here on Monday, **May 1**. Be sure to mark your calendar so you don't miss their visit! Locations and times are as follows:

- **Chambers Pointe** - The drive between the Manor & Renaissance buildings from 9:45-10:30am.
- **Brookview** - The drive in front of Village Square from 12:30-12:45pm and at stop number 2 from 12:46-1:00pm.

**TREASURE CHEST PICK-UP AT CHAMBERS POINTE**

Due to limited storage space at Chambers Pointe and in order to stream-line the process of collecting donations for transport to the Treasure Chest, **we have scheduled a regular pick-up of Treasure Chest donations on the 2nd and 4th Thursday of every month.** Anyone who has anything to donate to the Treasure Chest **must have their donations to the Manor Lobby no later than 9:30am on these designated dates** so the volunteer can pick up the items for transport. He is usually very prompt, so if the items are not there by 9:30, they will have to wait until the next pick up. If you have any questions about this, please feel free to call Sherry Kennedy in the Chambers Pointe PEP Team office at 261-4000 or in-house ext. 2015.

**SENATOR ROB KAUFFMAN VISIT**

Brookview Cottage, Villa & Northgate residents are invited to visit with Senator Rob Kauffman on Monday, **May 1** at 2:30 p.m. in the Brookview Chapel.

**ENTERTAINMENT IN THE BROOKVIEW CHAPEL**

All residents of the Brookview Community are invited to attend the following programs:

- Tuesday, **May 2** at 2:00pm – God and the Country Show Music by Dan Martin
- Thursday, **May 25** at 1:30pm – Dotti Puppet and Story Works Show

**CHAMBERS POINTE BOOK CLUB**

The Chambers Pointe Community Book Club meets the first Friday of each month. Their next meeting will be on Friday, **May 5** at 2:30 p.m. in the **William Penn Room of the Manor building.** Check the Book Club basket behind the desk in the Manor Library for copies of the current book. Anyone interested in reading is welcome to attend, even if you haven't read the current book. If you have any questions, please call Nancy Fricke at 267-5097.

**BIRD WALK & WATCH WITH BOB KEENER**

Bob Keener will lead a group on a bird walk and watch on Thursday, **May 11.** We'll meet at the Brookview Pond at 10:00 a.m. and go through the walking trails. Bird sounds will be provided. Please bring binoculars if you have any.

**BINGO AT BROOKVIEW**

Brookview Cottage, Villa & Northgate residents are invited to a special Bingo on Saturday, **May 6** from 1:00-2:00 p.m. in the Village Square Social Rec Room. Have fun with your friends and, if you're lucky, win some prizes! We hope to see you there.

**THIS IS MY STORY**

**May 2, 7:00PM** Northgate Club Room. Residents share their life experiences in a casual setting. Who traveled where? What was their life work? Did they reside in a fascinating place? Did they invent something? You'll find out when you join us, share a snack and a story! BYOB.

**WALKING TOUR OF CHAMBERSBURG**



Joe Hunt, who has been providing historic walking tours for the Heritage Center for over ten years, will be leading a guided walk through downtown Chambersburg on Friday, **June 9** at 10:00am for Menno Haven residents. After a brief Introduction to the Heritage Center, we will go to the courtyard to learn about some Civil War history, then walk to the Chambers Family Park to view the statue of Ben Chambers with his son and grandson. From there we will view the replica waterwheel at the Falling Spring Creek where Chambers built his mill. The tour will then take us to the graveyard of the Presbyterian Church of the Falling Spring, where Ben Chambers and his wife Jane are buried. If there is enough time we will then walk past the Old Jail, point out the building that was the first passenger R.R. station and the boarding house where John Brown planned his raid on Harper Ferry, and return to the Heritage center. The walk is wheelchair accessible, the walking pace will be slow and

only covers about 6 blocks, but requires a lot of standing. There are three places with benches along the way. The tour normally takes about 65 minutes to complete. The walk costs \$5.00 and there is a limit of 20 persons. Please call Tresa Day @ 261-2328 to register. Sign-up book also available at Northgate Lobby. Bus departs from Northgate at 9:15am, Brookview Chapel at 9:20 AM and Chambers Pointe at 9:30am.

**SHIPPENSBURG UNIVERSITY AT MENNO HAVEN ENRICHMENT LECTURE SERIES**

Save the dates for this 3-week lecture series opportunity provided by Shippensburg University. Classes will be held on **May 19 and 26 and June 2** from 1:30pm - 3:00pm. Advanced registration and payment of \$5 per lecture is required. Register online at [www.ship.edu/PCDE/non-credit/](http://www.ship.edu/PCDE/non-credit/) or come to open registration at Menno Haven on April 28.

Registration times are as follows:  
 9:30am - 10:45am, Northgate Living Room  
 11:00am - 12:30pm, Village Square Lobby  
 12:45am - 1:30pm, Chambers Pointe Lobby

More information to come in your mailboxes!

**ART IN THE AFTERNOON**

Painting and arts group offered at Northgate Creative Arts Center. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

- **May 9**, 1:30-3:30 PM; Décor painting, etc.
- **May 23**, 1:30-3:30 PM; Décor painting, etc.

**PET OF THE MONTH**

Our featured Pet of the Month for May is a little different from what we have had in the past. About 3 years ago, Northgate resident Yvonne MacBride received a unique gift from her daughter and son-in-law. They had attended an auction to benefit cancer research where they purchased a very special, coal-black, stuffed dog they named “Lucky”, and they gave it to Yvonne to keep at Northgate. Yvonne decided to share her new best friend with her fellow residents by randomly sitting “Lucky” at different locations throughout the building. Over the years, everyone has come to look for “Lucky” to see where he is on that particular day. People often ask Yvonne where Lucky is because they want to see him. Recently, a resident’s grandchild was disappointed because they couldn’t find Lucky during the visit. Lucky has pretty much become the unofficial mascot of Northgate. And Yvonne thinks he is the best kind of pet to have: You don’t have to feed him, walk him or clean up after him. He is definitely a low maintenance pet, but very much loved all the same! Be sure to tune in to the in-house TV Ch. 956 (or Ch. 104 in the Health Care Centers) during the month of May to see a picture of “Lucky”! If you have a pet you would like featured as Pet of the Month sometime during 2017, please contact Sherry Kennedy, Life Enrichment Coordinator at 261-4000 or in-house ext. 2015.

**AARP DRIVERS CLASSES**

All classes are held in the Northgate Multi-Purpose Room from 8:00am to 12:00pm. Cost is \$15.00 for AARP members and \$20.00 for NON AARP member. Call Helen at 262-2373 for reservations.

8 hour Classes held in 2 days, 4 hours each

**May 3rd & 4th**

**October 3rd & 4th**

4 hour Refresher Class

**June 7th**

**September 14th**

**November 8th**

**IPAD ASSISTANCE AVAILABLE**

PEP Team members will be available to assist residents with their iPads at the following times:

**Chambers Pointe:** Contact person/ schedule to be announced.

**Brookview:** Stop by the Village Square Purposeful Engagement office or call 261-2490 (or in-house ext. 3126) – **every Wednesday** —10:30am to 11:30am.



**VOTING**

If anyone needs an Absentee Ballot Application, Voter Registration Application, or Change of Address form for the upcoming election on Tuesday, May 16, please contact the PEP Team office or call the Voter Registration Office at 261-3886. Please note the following guidelines for submitting...

**Absentee Ballot applications:** must be received by the Voter Registration office by 5:00 p.m. on Tuesday, **May 9**

**Absentee Ballots:** must be received by the Voter Registration office by 5:00 p.m. on Friday, **May 12**

**BROOKVIEW DISPLAY CASE**



We are looking for someone who is interested in coordinating the Brookview display case. As you know, residents, team members and visitors really enjoy the collections displayed in this case. If you or someone you know would be interested in this worthwhile and interesting project, please contact Chani Wolfe at 261-0220 ext.2131 or chani.wolfe@mennohaven.org. May will be the last display under the current coordinator.

**NURSING NOTES**

**Wellness Blood Pressure Clinic:**

Brookview: **Every Thursday** in Room 220 Village Square from 10:00am - 12:00pm  
Walk-in Clinic, no appointment needed.

Chambers Pointe: **Every Wednesday** in the Garden Level Lounge from 10:00am - 12:00pm  
Walk-in Clinic, no appointment needed.

**FRIENDSHIP REGATTA VII**



7th Annual Friendship Regatta  
Reflection Lake at Chambers Pointe  
Saturday, **May 6** starting at 10:00am  
Come out and enjoy a day of watching sail boats!

**WOW - WONDERFUL, OLDER, & WISER**

Presented by Northwinds Productions.  
Monday, **May 22** at 2:30 and Tuesday,  
**May 23** at 6:45pm in Chestnut Landing  
at Northgate. Free-will offering  
available to the Michael J. Fox  
Foundation. More information to come!

# Transportation News

## Transportation Services 261-2526



Menno Haven Transportation operates Monday through Friday, between 8am and 6pm and Saturdays from 8am to 4:30pm. Please note: Transportation for our residents in Personal Care and the Health Care Center is arranged through nursing.

- Transportation to medical appointments within Chambersburg area – now accepting appointments as late as 4pm, call for return by 5:30pm
- On-campus and between campus transportation – complimentary service, call to request
- Caregiver assistance provided for all medical appointments. Assistance is offered getting from your home to the vehicle and into the doctor's office waiting room.
- Regularly scheduled shopping options (see Complimentary Shopping Trips)

To learn more about any of these services or to discuss other transportation needs, please give us a call – 261-2526.

**Transportation Services will be closed on Monday, May 29 to observe the Memorial Day holiday.**

### 2017 COMPLIMENTARY SHOPPING TRIPS

**Chambers Pointe & Brookview: Apartments, Cottages, and Villas**  
Call the Transportation Office at 261-2526 to make reservations

<p><b>Wal-Mart</b> Last Thursday each month Departure Brookview: 1:15pm Departure Chambers Pointe: 1:30pm</p>	<p><b>Giant &amp; Butcher Shoppe</b> Every Thursday Departure starts on Brookview at 9:00am Then on to Chambers Pointe</p>
<p><b>Target Shopping Center</b> Call 261-2526 to request.</p>	<p><b>Kohl's Shopping Center</b> Call 261-2526 to request.</p>

# Auxiliary News

The Menno Haven Auxiliary operates the campus shops as a fundraiser to support projects on our campuses that “Brighten the Life” of our residents and “Lighten the Load” of our staff. We not only need your support as a customer, but as a **VOLUNTEER** to clerk in the shops. Please contact Sherry Wengert, Director Volunteer Services at 261-2526 to learn more about volunteering in one of our Auxiliary operated stores.

## GIFT SHOPS

Many Mother’s Day gifts are available in our Glass House and Village Gift Shops. Please shop with us and enjoy giving unique gifts to your Moms this year!

- ~ Mother’s Day greeting cards
- ~ Beautiful flowers: variety of potted blooming plants, silks in a vase, or fresh stems of carnations
- ~ Attractive jewelry & watches
- ~ Springtime shawls and scarves
- ~ Scented goat milk hand made soaps
- ~ Variety of “Naked Bee” scented lotions and lip balms
- ~ Handcrafted scrubbies, dishcloths & doilies
- ~ “Russell Stover” candies including many flavors sugar free chocolates in peg bags
- ~ Detailed coloring books & pencils for hours of entertainment
- ~ Useful purses, handbags, walker bags & totes

Our Clerks will greet you with a smile these days and hours!

### The Village Gift Shop at Brookview

Monday - Friday, 9:30am to 3:30pm  
Saturday - 10am to 2pm

### The Glass House at Chambers Pointe

Monday through Friday – 10am to 2pm

### Northgate Curio

Displayed items available for purchase.

## TREASURE CHEST THRIFT STORE

The doors to the Treasure Chest are open and welcoming. While going for a walk, stop in; or if you know of someone out running errands, encourage them to stop in to see us. There will be a **Mother’s Day sale on May 11, 12 and 13th.**

All clothing, except for the 25 cent rack, will be 50% off. Treat Mother to a bargain from the thrift shop. Also, check out our household room for some good buys!

### The pick-up dates for Chambers Pointe this month are Thursdays, May 11 and 25.

Enjoy the warm Spring days before the heat comes.

Happy May Day!

### Summer Hours:

Thursday, 9am – 6pm  
(donation receiving day)  
Friday, 9am – 3 pm  
Saturday 10am – 1pm  
Treasure Chest – 261- 2373



## UPCOMING AUXILIARY EVENTS

### SCRIP GIFT CARD SALE

Perfect for Mother's Day, Father's Day, graduation season and daily shopping needs! Over 30 of your favorite restaurants and shops available! **Orders and payment due by May 4.**



Order forms available:

**Brookview:** Village Store, Gift Shop, Treasure Chest, all reception desks

**Chambers Pointe:** Glass House, Country Store, all reception desks

### SMITH'S CHICKEN BBQ

**Saturday, May 13**

11 am - 2pm  
Chambers Pointe,  
Renaissance

**Dinner includes:**

1/2 chicken, baked potato, roll, butter, applesauce and green bean casserole



**Pre-sale dinner tickets \$11**, must be picked up by 1pm.

**Day of dinner tickets \$12**

**Chicken Only - \$8**

For tickets call Karen Porter at 377-6648 or stop by these convenient locations:

**Brookview:** Village Store, Gift Shop, Treasure Chest, Northgate front desk

**Chambers Pointe:** Glass House, Country Store

## NEW PLANTS AT NORTHGATE

The Menno Haven Auxiliary funded the purchase of live plants for the Northgate Living Room and Cypress Cafe area. The purchase includes regular service and care to the plants, including watering, from Plasterer's Florist in Chambersburg.



# Volunteer Opportunities

## Celebrate National Volunteer Week – April 23 – 29

National Volunteer Week is an opportunity to recognize and thank volunteers who lend their time, talent, voice and support to causes they care about in their community and around the world. Their stories serve to inspire others to take action and discover their collective power to unite in making a difference. Volunteerism empowers individuals to find their purpose, to take their passion and turn it into meaningful change. If you see a volunteer this week, please take the time to hear their story and how they came to Menno Haven to volunteer. We have volunteers that live on our communities, as well as from the greater Chambersburg community. Thank you volunteers for serving others!

Menno Haven invites you to join the team of volunteers that are making a difference in the lives of elders that are a part of our communities. There are opportunities to meet a regular or substitute need in a variety of areas. Please consider joining the volunteer team!

### Chambers Pointe

- Sunday Chapel volunteers– assist with Sunday services as usher or bringing people in wheelchairs, volunteer to operate the camcorder to broadcast services.
- Country Store or Glass House – clerk in the convenience grocery store or gift shop. Supports the auxiliary fundraising projects.

### Brookview Health Care Center / Village Square

- Sunday Chapel volunteers– assist with Sunday services as an usher, accompanist, or camcorder operator.
- Camcorder Operator – broadcast chapel services, Menno Talk, and Purposeful Engagement programs as needed. Training provided.
- Village Square Pool Tester – test water chemicals and temperature on weekends. Need volunteers for morning and afternoon. This task takes approximately 15 minutes but is necessary to keep the pool open on weekends. Must be able to distinguish color differences. Training provided.

### Brookview Northgate

- Northgate Pool Tester – test water chemicals and temperature on weekends. Need volunteers for morning and afternoon. This task takes approximately 15 minutes but is necessary to keep the pool open on weekends. Must be able to distinguish color differences. Training provided.

To apply on-line, the volunteer application is found on the Menno Haven website – [www.mennohaven.org](http://www.mennohaven.org), search for volunteering. All volunteers receive orientation and training before taking on a volunteer assignment.

Contact Info to Volunteer:

**Brookview:** Justine Hartman, 261-2527

**Chambers Pointe and Treasure Chest** (located at Brookview): Janet Hyatt, 261-4152

# Wellness News

## Free Fitness and Balance Assessments by the Wellness Team

**May 1:** 10-11:30 AM in Village Square Social Recreation Room

**May 10:** 10:30 -12 noon in the Manor Laurel Room

No registration is required! Please just stop by!

## VILLAGE SQUARE WELLNESS

The Chambersburg Recreation Center will be using the Village Square Pool on the following days:

**May 6 & 13** from 9:30am - 11:30am

**May 2, 9, & 16** from 5:30am - 7:00pm

Please refrain from using the pool during these times. Thank you!

## Afternoon supervised equipment class times in the exercise room have been extended for your convenience!

Mondays 12:45 -3pm

Tuesdays 12:45-2pm

Thursdays 12:45-2pm

Fridays 12:45-3pm

**Wednesday Water Walking Class** now begins at 8:45am! Come join the fun and make some waves!

**NEW!** Walking outside on Tuesdays & **Thursdays** at 9am. Meet in the exercise room.

**NEW!** Get Your Core Off the Floor! Standing, seated abdominal, & back exercises. Every **Tuesday & Thursday** at 9:30am in the exercise room

**NEW!** Added another Lobby Exercise Class-seated exercise to music! **Fridays** from 11- 11:30am in the Village Square Lobby.

## Cardboard Boat Race Regatta

**Friday August 11** (Raindate: August 18th)

1:30pm in the Chambers Pointe Reflection Lake. Make a boat out of cardboard, wear a life jacket and compete in a race! Lifeguards will be on duty. Registration and Construction Manuals are available at the wellness centers or you may call Rhonda Campbell at 217 - 5404.

## NORTHGATE WELLNESS

### Play Ping Pong at Northgate!

Mondays 2:45 – 4:00pm

Tuesdays 3:00 – 4:00pm

Wednesdays 2:45 – 4:00pm

Thursdays 10:00 – 11:30am

Fridays 2:45 – 4:00pm

Saturdays 9:30 – 11:00am

Sundays 3:00 – 4:00pm

**Croquet is back! Saturdays** at 10:00am (weather permitting). The equipment and play instructions are located in the equipment shed next to the dumpster.

## CHAMBERS POINTE WELLNESS

Chambersburg Recreation Center will be using the Chambers Pointe Pool on:

**May 4, 11, & 18** from 6-8pm

Please refrain from using the pool during these times. Thank you!

**New Chambers Pointe Exercise Classes**  
Indoor Walking Group - Thursdays at 3pm. Meet in the Renaissance Lobby.

### Shuffleboard

Fridays at 9am in the Laurel Room

**NEW!** Bike Club every Friday at 11:15am starting on **May 5** in front of the Renaissance. Join us for a ride and bring your helmet!

**Save the Date!** Monday May 8 10:35am Hagerstown Suns Baseball Game

# Resident Message Board

## APRIL FOOL'S DAY PARTY AT THE RENAISSANCE

An impromptu gathering at the Renaissance Club Room turned into a real party on Saturday, April 1st, April Fool's Day. Thanks to Bob Sedlor and his daughter Pat Reeder and her husband Dan, we had some delicious treats to eat. These included "Cheezy Carrots" (cheese made to look like carrots), Meatloaf Cupcakes, Pizza Bundt Cake, Dirt Dessert Terrarium (complete with worms and rocks), and Spaghetti Cake (delicious but ugly). Although it was "BYOB" they also served "Cherry Cokes" (cherry jello with chopped pears and crushed pineapple for ice). About 25 residents attended, and all had a great time telling stories, swapping jokes, and playing April Fools pranks on each other. After dinner, we all went to the Renaissance Dining Room for some good ol' Sing Along music with Bill Keil at the piano and Bob Sedlor on the microphone. We all agreed this was a great party, and can't wait to do it again soon.



## Miscellaneous

### WALK A MILE IN HER SHOES WOMEN IN NEED BENEFIT



Menno Haven has a group of men that are excited to be "walking" a mile in high heels to help support WIN'S mission "To Help, Educate, Support and Empower Victims of Abuse." You can help by donating to our team! You can bring your donation to the Marketing Office or use the containers at the About Thyme Bistro & Blue Willow Café. Make your checks payable to Menno Haven. Then come to the King Street Church parking lot at 6:00pm on Friday, **May 5** to cheer our team on! You might just get a few chuckles in the process, all for a great cause.

### CAMPUS CONNECT DEADLINE

**The next Campus Connect will be delivered on May 31. Information is due by May 12.** Information submitted after the deadline will not be included. Send information to Melissa Rabon at [Melissa.Rabon@mennohaven.org](mailto:Melissa.Rabon@mennohaven.org)

Questions? Call Helen Keckler at 262-2373

**TOWN MEETINGS**

**May 2:** Chambers Pointe Chapel  
9:30am – 11:00am

**May 3:** Brookview Chapel  
2:00pm – 3:30pm

**May 4:** Northgate Chestnut Landing  
10:00am – 11:30am

**COFFEE & CONVERSATION**

**June 1:** Northgate Multipurpose Room  
10:00am

**June 5:** Chambers Pointe Chapel  
1:30pm

**June 6:** Brookview Chapel  
1:30pm

**FROM THE CHAPLAINS TEAM**

**Volunteers Needed:**

1. Ushering
2. Caring Friends visiting
3. Abiders “being present in one of life’s tender moments”

**Altar Flowers:**

Altar flowers for Chambers Pointe and/or Brookview Chapel may be sponsored. Cost is \$25. Flowers may be put in loving memory or honor of a loved one.

- For Brookview, please sign up on the chart near the restrooms outside the chapel or call Katie Bingaman at 261-2365.
- For Chambers Pointe, please sign up on the chart outside the Garden Level Lounge or call Chaplain Brenda Doyle at 709-4540.

Talk to a chaplain or call Katie Bingaman at 261 - 2365 for additional questions.

**THE NEW BISTRO IS OPEN!**

The renovated coffee shop located in Village Square has reopened as the “About Thyme Bistro.” The name, selected from names submitted for consideration, was submitted by cottage resident, Phyllis Westerfield.

A section of the bistro area is set up with bookshelves, etc., and has many of the books that were in the former Village Square Library. The non-fiction books are located by the pharmacy. Books may be checked out by any resident of Menno Haven. The process for checking out the books is the same as it was in the former library.



**GREEN TEAM NEWS**

**Medications collection:** The Green Team will have a medications collection on Thursday, May 18: Village Square from 10:00 to 11:00 a.m. and Manor lobby from 11:30 a.m. to 12:30 p.m. Bring all your outdated and unneeded medications. We will distribute a notice the week prior with further instructions.

**Bee Pesticides:** Recently, there has been some discussion about pesticides that are harmful to bees. If you would like to make an effort to ban these pesticides, you can contact our U.S. Congressman, Bill Schuster (717-264-8308) and request that he, along with a Democratic Congressman, co-sponsor a bill to outlaw nicotine derived pesticides.

**Residents should be aware** that some plants sold at retail stores have these pesticides already applied. Some stores are starting to remove these from their plants, but only two stores, Lowes and Home Depot, have made formal commitments to remove them. So far, Home Depot has removed them from 80% of their flowering plants.

**Electronics recycle:** The Green Team is still looking into ways we can recycle electronics. However, there are some options for residents. In addition to Best Buy in Hagerstown, Staples in Chambersburg does accept many electronics: All-in-one computers, Cable/satellite receivers, Calculators, Camcorders, CD/DVD/Blu-ray players, Computer speakers, Copiers (desktop), Cordless phones, Desktop computers, Digital cameras, Digital projectors, eReaders\*, External hard drives, Fax machines (desktop), Gaming devices, GPS devices, iPods® / MP3 players\*, Keyboards, Laptops\*, Mice, Mobile phones\*, Modems, Monitors, Printers & multifunction devices (desktop), Routers, Scanners (desktop), Shredders, Small servers, Stereo receivers, Tablets\*, UPS/battery backup devices, Video streaming devices. \*These devices may receive credit for a trade-in.

**Green Team issues:** If you have any concerns about recycling or conservation issues, just contact your Green Team representative. They are: Don Parrish and John Luetzelschwab (Brookview villas), Dave Horneys and Bob Fogle (Northgate), Jerry Keyser and Ted Barlow (Brookview cottages), and Vern Hodge and Rachel Herrmann (Chambers Pointe).

**RECEIVE MENUS VIA EMAIL:  
Fill out and return to any reception desk**

Name \_\_\_\_\_

Email Address \_\_\_\_\_

(Check the ones you'd like to receive)

Northgate - Cypress Cafe and Chestnut Landing

Brookview - Village Square Cafe and Village Inn

Chambers Pointe - Blue Willow Cafe



## **SHIPPENSBURG AARP #3324 2017 FORT MORRIS TOURS**

### **Tours depart from Shippensburg Walmart**

**Wednesday, June 21: Mystery Trip.** Draw a 100-mile radius circle with Shippensburg at the center. We will be going to places within this area! Lunch is included! Fast food stop on way home. **Deadline approaching.**

Departure: 7:00 a.m. (Chambersburg) 7:15am (Shippensburg) Return: 7:45pm  
Cost: \$115 Final payment due: May 19, 2017

**Wednesday, July 26: Kennedy Center: "The King and I."** An English widow has been summoned by the King to serve as tutor to his many children and wives. The King is largely considered to be a barbarian by those in the West, and he seeks Anna's assistance in changing his image, if not his ways. Enjoy such beautiful songs as "Hello Young Lovers," "We Kiss in the Shadow," "Shall We Dance," plus others. Dinner at KC Café included. **--ONLY 12 10 SPACES LEFT!--**

Departure: 1:45pm (Shippensburg) 2:00pm (Chambersburg) Return: 12:30pm  
Cost: \$170 Final payment due: June 22, 2017

**Tuesday, August 8: George's Furniture, Bird-in-Hand Smorgasbord & Play "Half Stitched," and Kitchen Kettle.** Our first stop is at George's Furniture in Marietta to see how hand-made furniture is crafted. Then enjoy a delicious meal at the Bird-in-Hand Smorgasbord followed by the show "Half-Stitched; The Musical" in their new theater. Cultures collide and personalities conflict when an Amish widow decides to teach a small weekend quilting class? After the show we will venture to Kitchen Kettle; a collection of shops with a variety of goods to offer. Do some sample tasting at the Jam & Jelly Shop.

Departure: 7:15 am (Chambersburg) 7:30am. (Shippensburg) Return: 6:15pm  
Cost: \$105. Final payment due: July 7, 2017

### **Thursday, September 14: Conowingo Dam and Havre de Grace.**

Watch bald eagles in flight feeding on fish in the Susquehanna River. After an included buffet lunch, we will have a tour of the quaint town of Havre de Grace, followed by visits to the Maritime and Decoy Museums. Finish the day with a stop at Bomboy's Ice Cream and Candy Store.

Departure: 6:45am (Chambersburg) 7:00am (Shippensburg) Return: 6:45pm  
Cost: \$100. Final payment due: August 11, 2017

**For more information and sign-up forms, contact:**

**John or Marcia Luetzelschwab: JLML3324@comcast.net or phone: 264-9539**

# Boathouse, Staircase, & Landing Update

The Menno Haven Model Yacht Club may soon have a safe way to access Reflection Lake located at Chambers Pointe! Warfel Construction has generously agreed to donate the materials and labor to install the staircase and landing, so hopefully workers will soon be on the banks of Reflection Lake busily installing these two new amenities! The required building permits to install these items have been submitted, so at this writing we are waiting for approval from the Borough of Chambersburg before beginning construction. Even if approved relatively soon, the staircase and landing won't be complete prior to the Friendship VII Invitational Regatta scheduled for May 6th, but we are excited about the prospect of having these ready for summer sailing by our Yacht Club. If you are interested in joining the Yacht Club to learn and be able to sail our remote control sailboats, call Brookview resident Mike Cavanaugh at 267-2450 or check out the MHMYC website at <https://sites.google.com/site/mennohavenmyc/home>.



**Donations are still needed to convert the old Grounds Department shed into the “Menno Haven Model Yacht Club Boathouse”.** At this writing, we have secured a donation from the Thomas Somerville Co. for an HVAC unit to heat and cool the boathouse, a front door is being donated by John H. Myers and Son, and Dick's Carpet and Flooring will be graciously donating and installing a flooring that will be perfect for this building!

Send your donation with the form below to:

Development Services  
2011 Scotland Avenue  
Chambersburg, PA 17201

I WISH TO DONATE \$ \_\_\_\_\_ TO THE “BOATHOUSE APPEAL”

DONOR'S NAME(S) \_\_\_\_\_  
DO NOT LIST NAME(S) IN RECOGNITION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

Please make checks payable to Menno Haven, Inc. with the notation “Boathouse Appeal”

## Benevolent Care Fund

From the beginning, Menno Haven has been dedicated to providing a secure home and future for each of our residents. One issue that you don't have to be concerned with here at Menno Haven is what happens should you deplete your personal financial resources. Financial hardship can occur for anyone at any time, so knowing that the Menno Haven family will step in to offer assistance to keep you in your home is a blessing that offers real peace of mind. As a Christian organization, our faith calls us to help others who are in need.



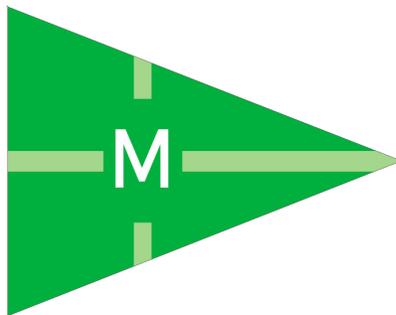
You can be part of this great experience by financially contributing to our Benevolent Fund. We invite all of our residents and their families, our staff, volunteers and friends to generously support our Benevolent Care program. **Our Benevolent Care program has supplemented the care of over 1,400 residents in the past 10 years alone!**

**Donations for the Benevolent Fund should be sent to Development Services**, which is located in the Menno Haven Home Office at 2011 Scotland Avenue. Development Services can be reached at 261-2523.

We certainly appreciate any support you have provided in the past, and we sincerely appreciate your consideration and continued financial support today and in the future.

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## Friendship Regatta VII



Saturday May 6

Sailing begins at 10:00am on Reflection Lake Chambers Pointe

1421 Philadelphia Avenue

Come out and join the fun!



## MOTHERS DAY



**VILLAGE INN  
BROOKVIEW**

To make reservations  
for the Village Inn,  
Please call Sarah Emory or  
Kristi Eshleman  
at 263-8545 Ext. 3541.

Reservations are required by  
Tuesday, May 8.

No other reservations will be  
taken after this deadline!

**SUNDAY MAY 14, 2017**  
**SEATED DINING 11:30am**  
**BUFFET DINING 1:30pm**  
**PRICE: \$15.50**

**\$7.75 FOR CHILDREN BETWEEN THE AGES OF 6 AND 12.**  
**UNDER THE AGE OF 5 DINES AT NO CHARGE.**

### **APPETIZER**

Spring Mix with Dried Cranberries, Pecans and  
Raspberry Vinaigrette Dressing  
Deviled Eggs

### **ENTRÉE**

Flank Steak with Horseradish Cream  
Salmon Lemon Dill  
Chicken Chesapeake

### **ACCOMPANIMENTS**

Roasted Red Skin Potatoes  
Glazed Baby Carrots  
Roasted Autumn Blend

### **HOME STYLE DESSERTS**

Chocolate Cake  
Cheesecake with Strawberries



## Springing Forward

What does the number 529 remind you of? Is it the time you wake up in the morning? It could also be when you eat dinner each night. Perhaps it reminds you of an upcoming holiday at the end of May?

All are valid answers, but 529 also references a college savings plan program which allows you to put money aside for higher education expenses such as tuition, room and board, books, and supplies at a variety of community, undergraduate, graduate, and trade schools around the country. You are not limited to one school or state where the student must attend. And you can fund a 529 plan for anyone, not just relatives. Another great benefit is that any money not utilized by the original beneficiary can be transferred to another beneficiary for the same educational purposes.

Parents often elect to begin building assets for their children through a 529 plan at an early age. This enables them to save over a longer period of time without burdening their household budget. Grandparents may opt to help children or grandchildren with larger gifts, which may offer estate planning benefits.

With this flexibility and possible tax advantages, it is a great way to provide a true legacy for the education of your loved ones. Give us a call or stop by our branch today for more information about the 529 college savings program.

## Mobile Banking

Experience the "smart" power and freedom of Mobile Banking. Our Mobile Banking App puts everyday banking at your fingertips. In today's fast paced world, you need access to your money regardless of where you are. View account balances and recent transactions, transfer funds between account and pay bills — all from your mobile device. And, you can make a deposit anytime, anywhere using your mobile device with Mobile Xpress Deposit.



## E-Statements

Get secure and instant access to your statements from anywhere via any Internet-connected computer or smart phone. No more waiting for monthly statements to arrive in the mail. It's easy to sign up. Just log into Online banking to change your statement delivery method under the Account Maintenance tab.

## Monthly Security Tip

Be careful where and how you connect to the internet. A public computer, such those found in Internet cafes or hotels may not have up to date security software. Avoid connecting to the internet for online banking or shopping using public hotspots.

## Meet Your Team at ElderDay

*Left to right:*

Katie, BA, ADC: Director

Kim, LPN: Nurse

Tracy, CNA: Personal Care Assistant

Dee, CNA: Life Enrichment Assistant

Chani, AAC: Life Enrichment Assistant

Shirley: Life Enrichment Assistant



### Welcome to our two newest team members:

**Kim Morris**, hails from Arizona however, she has lived in PA for the last 20 years and has worked at Menno Haven, Inc. for almost as long. She and her 18 year old son enjoy traveling to exotic car shows. Kim likes to spend her free time reading, cross-stitching and working puzzles. She loves cats, owns 3 of them and volunteers weekly with the animal shelter. Kim is our LPN!

**Chani Wolfe**, was born in South Dakota, however, she has lived in PA for the last 17.5 years and has worked at Menno Haven, Inc. for almost as long! She and her husband met while serving in the Air Force in Washington D.C. They have two sons, the oldest is in grad school in Houston, TX and youngest in the Air Force in Monterey, CA. Chani like to spend her free time reading, crafting or being outdoors; in fact her vacation this summer will be a camping trip to Great Smoky Mountain National Park. Chani is one of our Life Enrichment Assistants who is Activity Assistant Certified by the National Certification Council for Activity Professionals.

**Together, your team represents over  
100 years of dedication to Menno Haven.**

# Elder Day Hours

Monday – Friday  
7:30am to 5:30pm



Katie Ackerman, Director of ElderDay  
Katie.Ackerman@mennohaven.org  
717-709-4510

## UPDATING PRICING

### ElderDay Hair Care

Monday – Friday (by appointment)

<b>Gentleman</b>	<b>Price</b>
Beard Trim	\$19
Haircut	\$17
<b>Ladies</b>	
Haircut	\$23
Shampoo, set or blow dry, iron	\$21
Shampoo, set or blow dry, iron & cut	\$42
Shampoo	\$11
Shampoo & blow dry	\$17
Shampoo, haircut, & blow dry	\$34
Permanent, set, & haircut	\$67
Color & set	\$44
Color, set, & haircut	\$62
Highlights	\$42
Highlights & set	\$52
Highlights, set, & haircut	\$67

## Holiday Closings 2017

Monday, May 29, Memorial Day  
Tuesday, July 4, Independence Day  
Monday, September 4, Labor Day  
Thursday, November 23, Thanksgiving  
Monday, December 25, Christmas

## Caregiver Support

Caregivers meet the 3rd Wednesday of each month at 1:00pm in the Chambers Pointe Conference Room. Family, friends & neighbors are welcome. It is an informal meeting offering friendly support for one another. For more information please talk to any ElderDay Team Member or call 709-4510.

## Additional Services

A fee for service is available for the following:

- Bath / Shower
- Beauty Shop
- Therapies (Physical, Speech, and Occupational)
- Podiatry

For more information please talk to any ElderDay Team Member or call 709-4510.