

CAMPUS CONNECT

July 2017

GET TO KNOW CHAPLAIN STEVE

by Steve Barnett, Chaplain

On a cold, dark, snowy night in January (according to my parents), I came into this world screaming and crying - some say nothing has changed! I was born in Ohio and grew up in Appalachian Southeastern Kentucky. My parents were preachers, teachers, and missionaries. I accepted Christ as my savior at age 12. A young evangelist came to our church and re-enacted the death and crucifixion of Jesus. As many teenagers do, I wandered away from the Lord for a "season", but I came back and re-dedicated my life to Christ.



At the end of 1975, I moved with my family to Maryland, and my father helped start a Bible College in Hagerstown. I met my wife, Pam, at the college, and we got married in June of 1977. Later this month, we will be celebrating our 40th anniversary together. After 22 years of not having any children, our only daughter, Stephanie was born in 1999. Last week, she graduated from High School.

I had a lot of different jobs throughout my life, but in 1987, I started working for Franklin County in various departments, and in 2011, I was able to take early retirement. Soon after that, I was asked to be the Visitation Pastor at my church, which I did for a little more than 5 years. In 2015, I was able to attend classes at Eastern Mennonite Seminary, and perform my internship here at Menno Haven for 9 months.

I met and worked alongside many residents and team members at Menno Haven. I was blessed to have some good relationships with these folks, many of them still here. I consider it a privilege to be a Chaplain here. I know that the Lord opened the door for me to be here, and I praise His name for it. To know that you are in the will of the Lord for your life, gives you a peace that the world doesn't understand, and a quiet confidence that He has everything under control.

I'm looking forward to what God has in store for me here, and I'm also looking forward to partnering with the other Chaplains in providing spiritual enrichment and encouragement to everyone that we minister to. May God richly bless each of you.

Community Opportunities

MOVIES

Movie at Chambers Pointe:

Join us for two Renaissance Movie Nights in July, both held in the Renaissance Dining Room at 6:30pm! For more information, contact Sherry Kennedy @ 709-4543 or in-house ext. 4393.



- **Friday, July 7 at 6:30pm:** Our feature presentation will be **La La Land**, starring Ryan Gosling & Emma Stone. Winner of 6 Academy Awards, this modern musical is a cinematic treasure! Mia & Sebastian, an actress and a jazz musician, are pursuing their Hollywood dreams – and finding each other – in a vibrant celebration of hope, dreams and love. (Approximate run time: 2 hrs. 8 min., Rated PG-13, 2016)
- **Friday, July 21 at 6:30pm:** Join us for the musical **Yankee Doodle Dandy**, starring James Cagney! Get ready to laugh, to sing, and to shout! From his early days as a child-star in his family's vaudeville show up to the time of his comeback at which he received a medal from the president for his special contributions to the US, this is the life-story of George M. Cohan. (Approximate run time: 2 hrs. 6 min., Rated G, 1942)

Movies at Brookview:

Village Square Hobby Center - For more information, contact Village Square PEP Team @ 261-2490 or in-house ext. 3126

- **Tuesday, July 11 at 1:15pm - Cruising Russia** Experience a Voyage through the heart of Russia. Traveling the scenic & historic Russian waterways, along the Neva, across two lakes, through river lockages and on the historic Volga. (Approx. run time 85 minutes)
- **Monday, July 24 at 1:15pm – Chitty, Chitty, Bang, Bang** Starring Dick Van Dyke and Sally Ann Howes traveling in a car that “flies and floats”, a trip with unforgettable adventures. (Approx. run time 2 hours and 24 minutes)

WORSHIP OPPORTUNITIES

Rosary - Rosaries provided for those who don't have their own.

- **Rosary at Brookview:** Every Tuesday at 9:15am in the Brookview Chapel
- **Rosary at Chambers Pointe:** Every Friday at 9:30am in the Chambers Pointe Chapel

Lutheran Communion:

- Held in the Brookview Chapel the second Tuesday of every month at 1:30pm

WORSHIP OPPORTUNITIES CONTINUED

Bible Studies (Every Wednesday, unless otherwise noted)

- 10:30am Brookview Social Recreation Room
- 1:30pm Chambers Pointe William Penn Room
- 3:00pm Brookview Northgate Conference Room

Catholic Mass - Held every month in both Chapels

- **Mass at Brookview:** First Thursday of every month in the Brookview Chapel.
- **Mass at Chambers Pointe:** First Wednesday of every month in the Chambers Pointe Chapel.

Thursday Chapel Services

- Every Thursday at 10:15am in the Brookview Chapel -There will be a different speaker from community churches that will bring the message each week.

2nd Sunday of the Month Service

- 6:15pm in Brookview Chapel by Cumberland Valley Mennonite Churches

Sunday Services (Every Sunday, unless otherwise noted)

- Brookview Chapel: 8:45am and 10:15am (rebroadcast on Channel 956 at 6:30pm)
- Chambers Pointe Chapel: 10:15am

UPCOMING TRIPS: For Cottage, Villa, and Apartment Residents

Reservations for trips will be taken by the Leisure Coordinator organizing the specific trip, regardless of which community you live on. The phone number for making reservations will be indicated for each trip. If you would like to contact the Leisure Coordinators via email, their email addresses are as follows:

Tresa Day: Tresa.Day@mennohaven.org

Sherry Kennedy: Sherry.Kennedy@mennohaven.org

Chris Mellito: Chris.Mellito@mennohaven.org

Save The Date - Future Trips

August 4: Appalachian Brewing Company in Gettysburg (lunch)

August 5: PA Renaissance Festival

August 6: Adams County Winery-"Live On The Terrace" (music, food and wine)

August 28: Charlestown Casino trip

UPCOMING TRIPS CONTINUED

Shippensburg Symphony Festival at the Luhrs Center with Conductor Robert Trevino

Concert I, the music of Mozart featuring violinist Simone Lamsma - Sunday, July 9 at 3pm: Bus departs from Northgate at 1:45pm, Brookview Chapel at 1:50pm, and Chambers Pointe Renaissance at 1:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

Concert II, the music of Dvorak, featuring pianist Jean-Yves Thibaudet - Friday, July 14 at 7pm: Bus departs from Northgate at 5:30pm, Brookview Chapel at 5:35 pm and Chambers Pointe at 5:45pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

Concert III, the music of Schumann featuring The Towne Singers - Sunday, July 14 at 7pm: Bus departs from Northgate at 1:45pm, Brookview Chapel at 1:50pm, and Chambers Pointe Renaissance at 1:15pm. Sign-up book available at Northgate concierge desk or call Tresa Day @ 261-2328.

Tickets may be purchased by calling the box office at (717) 477-7469. Individual Tickets: \$35, \$30, \$25 & \$10; Series Tickets: \$100, \$85 & \$75. For more details regarding music and performances, please visit the website at www.luhrscenter.com

Caledonia Trails with Pat Byers - Tuesday, July 11: Explore some of the beautiful trails of Caledonia with Menno Haven resident guide Pat Byers. Wear comfortable shoes and long slacks. Bus departs from Northgate at 9:30am, Brookview Chapel at 9:35am, and Chambers Pointe at 9:45 am. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

Hollywood Casino in Harrisburg - Friday, July 7: Hollywood Casino features over 2,377 reel, video slot and video poker machines ranging from one penny to \$100, with all the hottest games currently available. And with over 50 table games and 16 poker tables, Hollywood Casino has a game for everyone. Lunch optional @ the Epic Buffet(\$14.99). Estimated time back will between 3-4 pm. Bus departs from Northgate @ 9:20 am, Brookview Chapel at 9:30am, and Chambers Pointe Renaissance at 9:45am. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Rock Hill Trolley Museum- Saturday, July 8: Pennsylvania's oldest operating trolley museum in Rockhill, PA. Take a step back in time to when many American towns and cities offered inexpensive and convenient transportation using electric trolleys. Our collection has nine operational trolleys, including Pennsylvania's only operating open car, high-speed interurban cars, fascinating maintenance-of-way cars like a huge snowplow and a 106-year-old snow sweeper. We will learn about trolleys and how generations before ours got around in America while enjoying a leisurely ride through the scenic countryside. Steep step to board trolley and to exit trolley. Tour of museum is on a gravel stone floor. Lunch at Path Valley Family Restaurant-on your own. Adults: \$8. Estimated time back will be before 4pm. Bus departs from Northgate @ 9:30am,

UPCOMING TRIPS CONTINUED

Brookview Chapel @ 9:35am, and Chambers Pointe Renaissance @ 9:45am. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Rural Heritage Museum - Tuesday, July 11: The Rural Heritage Museum in Boonsboro, MD features exhibits depicting early rural life in Washington County, MD prior to 1940. Exhibits in the 4 buildings range from an authentic country store, antique clothing and a one-room schoolhouse, large pieces of farm equipment and farm implement exhibits, transportation exhibits, replica of a rural repair garage, two log homes, outdoor drying shed, windmill, and brick wood fired bread oven. Also take a stroll in our German Four-Square Garden filled with heirloom plants including vegetables, herbs and flowers. Tour lasts 1 hour-Donations appreciated. Estimated time back will be around 4pm. Bus departs from Northgate @ 12:30pm, Brookview Chapel @ 12:35pm, and Chambers Pointe Renaissance @ 12:45pm. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Totem Pole Players present "I Love a Piano" - Wednesday, July 12: A celebration of the music of Irving Berlin. It follows the journey of a piano as it moves in and out of American lives from the turn of the century to the present. Tickets may be purchased by calling (717) 352-2164. Bus departs from Northgate at 12:30pm, Brookview Chapel at 12:35pm, and Chambers Pointe Renaissance at 12:45pm. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

"The Summer Singers" at Chambersburg Country Club - Wednesday, July 12: Directed by Gary Crum, the group started small at St. John's United Church of Christ in 2009 but now has over seventy members representing 20 different churches. Free event. To sign up please call Transportation at 261-2528.

Gettysburg Irish Festival - Saturday, July 15:

The 17th Annual Adams County Irish Festival at Gettysburg will be held rain or shine at Moose Park in Gettysburg Township. The festival offers family fun for all with Irish music all day, dancers, numerous vendors of Irish goods, food & beverages, living history music workshops & more! Cost is \$10 per person. Bus departs from Northgate @ 9:05am, Brookview Chapel @ 9:10am, and Chambers Pointe Renaissance @ 9:20am. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Gettysburg Outlets - Tuesday, July 18: The Outlet Shoppes at Gettysburg is located in historical Gettysburg, Pennsylvania, "the most famous small town in America." Its rich Civil War history, breathtaking countryside, numerous wineries, and historical legacy make it a desirable destination for travelers worldwide. Over 57 stores to shop in. Lunch in the food court-on your own. Estimated time back will be between 2-3pm. Bus departs from Northgate @ 10:30am, Brookview Chapel @ 10:35am, and Chambers Pointe Renaissance @ 10:45am. To make reservations: sign up in the book at the

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UPCOMING TRIPS CONTINUED

Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Historic Church walking Tour of Gettysburg - Wednesday, July 19: This tour is different than the tour offered in June. These are guided tours that walk you to the participating churches. At each church, programs and/or narratives will be presented. Some programs may be musical; most will relate factual human interest stories about how the civilian population dealt with the battle of Gettysburg. Tours are approximately 120-140 minutes long and cover approximately six-tenths of a mile. \$5.00(cash only). Moderate Walking. Please wear sneakers. Estimated time back will around 9:30pm. Bus departs from Northgate @ 4:50pm, Brookview Chapel @ 4:55pm, and Chambers Pointe Renaissance @ 5:05pm. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

“Summer Concerts in the Park” featuring the U.S. Navy Cruisers at Chambersburg Municipal Park - July 20: Free event. Bring lawn chair. Will be departing early due to anticipated volume of crowd and traffic. Bus departs from Northgate at 5:30pm, Brookview Chapel at 5:35pm, and Chambers Pointe Renaissance at 5:45pm. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

“Quilt Odyssey” at Hershey Lodge, Hershey PA - July 21: Admission is \$10. (No credit cards accepted for admission, cash only.) Classes, lectures and memorabilia. Bus departs from Northgate at 8:30am, Brookview Chapel at 8:35am, and Chambers Pointe Renaissance at 8:45am. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

Dobbin House Tour and Lunch - Saturday, July 22: Enjoy a FREE tour of the oldest, most historic house in Gettysburg, the Dobbin House. Some steep steps involved on tour. View all the historically decorated rooms and Interact with period antiques. See how the Dobbin family planned to defend themselves from Indian attacks. Hear what the Zeigler family experienced while living in the Dobbin House during the Battle of Gettysburg. Explore the local shops before lunch. LUNCH in the Dobbin House (on your own). Estimated time back will between 1:30-2:30pm. Bus departs from Northgate @ 9:05am, Brookview Chapel @ 9:10am, and Chambers Pointe Renaissance @ 9:20am. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

St. John’s Summer Singers in Concert @ St. Paul UMC – Sunday, July 23: St. Paul United Methodist Church Special Events is pleased to host St. John’s Summer Singers in concert in the church nave located at 750 Norland Avenue, Chambersburg, PA. Under the direction of Gary Crum and accompanied by Gloria Crum, the choir will entertain all with a wide selection of sacred, spiritual, secular, and patriotic music. This is the ninth year of performing by this 70-member choir. The choir is comprised of individuals from 22 different local churches who come together each summer simply

UPCOMING TRIPS CONTINUED

because they love to sing. There is no admission charge for the concert. Bus departs from Northgate at 2:00pm, Brookview Chapel at 2:05pm, and Chambers Pointe Renaissance at 2:15pm. Sign-up book available at Sherry Kennedy's desk at the Renaissance or call 709-4543 or in-house ext. 4393.

Wellness Walks, Renfrew Park, Waynesboro - Tuesday, July 25: Historical Renfrew Park has several scenic and shady trails to enjoy. Bus departs from Northgate at 12:00pm, Brookview Chapel at 12:35pm, and Chambers Pointe Renaissance at 12:45pm. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

Lunch at Hempden Hill BBQ Hagerstown - Thursday, July 27: Back by popular demand! Hempden Hill offers the best BBQ in the area. Other food items and craft beers available too. Bus departs from Northgate at 11:00am, Brookview Chapel at 11:05am, and Chambers Pointe Renaissance at 11:15am. Sign-up book available at Northgate Concierge Desk or call Tresa Day @ 261-2328.

"Behind The Scenes" Tour of the Hershey Theatre - Friday, July 28: Experience the tour that takes you behind the scenes of "The Most Impressive Theatre in Pennsylvania". From balcony to basement, Hershey Theatre has undergone a three-year, three-million dollar dazzling restoration - bringing back the opulence of opening night in 1933. Learn the details of this historic project and the inside story of Milton Hershey's Entertainment Showplace. Walking and steps involved. Adult: \$10. Lunch on your own (At local restaurant)-We will walk across the street for lunch. Estimated time back will be between 3-4pm. Bus departs from Northgate @ 9:05am, Brookview Chapel @ 9:10am, and Chambers Pointe Renaissance @ 9:20am. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

Hagerstown Municipal Band Concert featuring "The Slide Show" Trombone Quartet - Sunday, July 30: Free concert under the direction of Lynn Lerew. The former Chambersburg Area Senior High School director of bands has continued his love for music as the director of the Hagerstown Municipal Band. Seating available at park or bring your own chair. Bus departs from Northgate at 6:00pm, Brookview Chapel at 6:05pm, and Chambers Pointe Renaissance at 6:15pm. Sign-up book available at Northgate Concierge desk or call Tresa Day @ 261-2328.

Halbrendt Vineyard & Winery tasting and tour - Monday, July 31: \$10.00 per person including wine tasting of 5 and vineyard tour - last for an hour. Enjoy a vineyard view in the picnic area and talk about the vineyard then go to the winery for the tasting and answers to any questions about wine/wine making. Estimated time back will be around 3pm. Bus departs from Northgate @ 12:00pm, Brookview Chapel @ 12:05pm, Chambers Pointe Renaissance @ 12:15pm. To make reservations: sign up in the book at the Brookview Concierge Desk or call the Brookview Leisure Coordinator, Chris Mellito at 263-8545, ext. 3273.

MESSAGE FROM SHERRY KENNEDY, CHAMBERS POINTE LEISURE COORDINATOR

I am so happy to be transitioning into my new role as Leisure Coordinator at Chambers Pointe. I have been the Life Enrichment Coordinator at Menno Haven for 15 years and have loved working in that capacity, but I'm excited about this new opportunity. It will take me a little time to completely transition into this new position, so I appreciate your patience during this time. I'll hopefully be up and running at full steam in no time! Always feel free to call me (709-4543), email me (Sherry.Kennedy@mennohaven.org) or stop by my desk at the Chambers Pointe Renaissance to discuss any suggestion, question or concern ... and of course offer words of encouragement, as I am sure I will need those too! I look forward to getting to know you all better and working with Tresa and Chris to provide meaningful, engaging opportunities for all of you!

CLOTHING ALTERATIONS

Lou Ann has changed her schedule for the summer months! She is usually here the first & third Tuesday of each month at both the Brookview and Chambers Pointe Communities; however, during the summer she will be here on the 2nd & 4th Tuesdays at the following times & locations. (**July's dates are July 11 & 25.**) Bring items that need minor repairs or altering and, unless otherwise stated, Lou Ann will return them at her next session. Fees will be determined by and are payable to Lou Ann Myers

- **Brookview Social Rec Room**
9:00am - 10:00am
- **Chambers Pointe Garden Level Lounge**
10:30am - 11:30am

BOOKMOBILE

The Bookmobile stops at both the Chambers Pointe and Brookview communities. They are scheduled to be here on **Mondays, July 3 & August 7**. Be sure to mark your calendar so you don't miss their visit! Locations and times are as follows

- **Chambers Pointe** - The drive between the Manor & Renaissance buildings from 9:45-10:30am.
- **Brookview** - The drive in front of Village Square from 12:30-12:45pm and at stop number 2 from 12:46-1:00pm.

EVENTS AT BROOKVIEW POND & PAVILLION

Five & Dime Duo:
Thursday, July 6 at 2:30pm.

EVENTS AT BROOKVIEW CHAPEL

Mason Dixon Quartet:
Monday, July 17 at 6:30pm
Identity Theft Presentation by Marvin Worthy with Legal Shield :
Thursday, July 27 from 1:30pm - 2:30pm.

BIRTHDAY NIGHT AT CHAMBERSBURG COUNTRY CLUB

Menno Haven independent residents with a birthday in July or February can enjoy a meal of their choice in the pub and receive your age off the menu price. Just tell server that you are a Menno Haven resident.
Thursday, July 27. Dinner starts at 5pm. 70th birthday in July? Receive 70% OFF!

TREASURE CHEST PICK-UP AT CHAMBERS POINTE

Due to limited storage space at Chambers Pointe and in order to streamline the process of collecting donations for transport to the Treasure Chest, **we have scheduled a regular pick-up of Treasure Chest donations on the 2nd and 4th Thursday of every month.** Anyone who has anything to donate to the Treasure Chest **must have their donations to the Manor Lobby no later than 9:30am on these designated dates** so the volunteer can pick up the items for transport. He is usually very prompt, so if the items are not there by 9:30, they will have to wait until the next pick up. If you have any questions about this, please feel free to call Sherry Kennedy, Chambers Pointe Leisure Coordinator at 709-4543 or in-house ext. 4393.

COSTA RICA WITH BOB KEENER

Come travel with Bob Keener to Costa Rica and visit places like Rancho Naturalista, Savegre Mountain Lodge, and Punta Leona Pacific beaches and enjoy sights, sounds, tastes, birds and more! He will be presenting this interesting program at Brookview & Chambers Pointe on the following dates/times:

**Chambers Pointe Laurel Room:
Monday, July 17 @ 1:30pm**

JULY BIRTHDAY LUNCH FOR BROOKVIEW COTTAGE & RESIDENTIAL RESIDENTS

Cottage residents with July birthdays are invited to celebrate on **Thursday, July 20 at 1:30pm in the Arbor Room.** Please RSVP by calling Chris Mellito at 263-8545, ext. 3273.

CHAMBERS POINTE BOOK CLUB

The Chambers Pointe Community Book Club meets the first Friday of each month. Their next meeting will be on **Friday, July 7 at 2:30pm** in the William Penn Room of the Manor building. Check the Book Club basket behind the desk in the Manor Library for copies of the current book: *The Handmaid's Tale* by Margaret Atwood. Anyone interested in reading is welcome to attend, even if you haven't read the current book. If you have any questions, please call Nancy Fricke at 267-5097.

BINGO AT BROOKVIEW

Brookview Cottage, Villa & Northgate residents are invited to a special Bingo on **Sunday, July 16 at 2:30pm in the Village Square Social Rec Room.** Have fun with your friends and, if you're lucky, win some prizes! We hope to see you there!

THIS IS MY STORY

July 11, 7:00pm Northgate Club Room. Residents share their life experiences in a casual setting. Who traveled where? What was their life work? Did they reside in a fascinating place? Did they invent something? You'll find out when you join us, share a snack and a story! BYOB.

ART IN THE AFTERNOON

July 18, 1:30-3:30pm; Mermaid Mural Project, Commissioned piece. Proceeds benefit Menno Haven Auxiliary. For more information, please call Tresa Day at 261-2328.

PET OF THE MONTH



Our featured Pet of the Month for July is “Kaylee” a 12-year-old, all white West Highland Terrier owned by Brookview Cottage resident Duane Brown. “Kaylee” is a Gaelic word meaning “Happy Time”. He came from a well-bred family line and has become the darling of the neighborhood, very popular with the neighbors because he is so well-mannered. Be sure to tune in to the in-house TV Ch. 956 (or Ch. 104 in the Health Care Centers) during the month of July to see a picture of “Kaylee”! If you have a pet you would like featured as Pet of the Month sometime during 2017, please contact Kerri Liess at 261-0220, ext. 2003.

"FIRE IS YOUR WATER" BOOK READING

July 1 at 7pm in the Northgate Club Room. Jim Minick is the author of five books, including the novel Fire Is Your Water and The Blueberry Years: A Memoir of Farm and Family. He is a winner of the SIBA Best Nonfiction Book of the Year Award. He has also written a collection of essays, Finding a Clear Path, as well as two books of poetry, Her Secret Song and Burning Heaven. Free event. For more information, call Tresa Day @ 261-2328

AARP DRIVERS CLASSES

All classes are held in the Northgate Multi-Purpose Room from 8:00am to 12:00pm. Cost is \$15.00 for AARP members and \$20.00 for NON AARP member. Call Helen at 262-2373 for reservations.

8 hour Classes held in 2 days, 4 hours each
October 3 & 4

4 hour Refresher Class
September 14
November 16

IPAD ASSISTANCE AVAILABLE

PEP Team members will be available to assist residents with their iPads at the following times:

Chambers Pointe: Contact person/schedule to be announced.

Brookview: Stop by the Village Square Purposeful Engagement office or call 261-2490 (or in-house ext. 3126) – **every Wednesday** —10:30am to 11:30am.

FOURTH OF JULY SING-ALONG

Come enjoy the holiday with your friends and neighbors! Enjoy patriotic songs and create your own ice cream sundaes.

Sunday, July 2 at 7:00pm
Northgate Living Room & Club Room

Everyone is welcome!



IDSHIELD

Identity Theft Educational Session

When identity theft strikes, the emotions you feel are similar to those experienced during a house fire. All of a sudden, everything you have worked for is threatened.

Join us.

DID YOU KNOW?

67% of seniors who are online report being the target or victim of an online scam or hack.

There were 2.6 million elderly victims of identity theft in 2014.

Identity Theft Criminals are Equal Opportunity Thieves

LEARN ABOUT

- The 5 most common types of identity theft.
- What thieves can do with your identity.
- What to do to minimize your risk of being a victim.
- How to protect you and your family.

Tuesday, July 25
1:30pm - 2:30pm
Chambers Pointe
Chapel

Tuesday, July 25
6:30pm - 7:30pm
Northgate
Multipurpose Room

Thursday, July 27
1:30pm - 2:30pm
Brookview Chapel

Presenter: Marvin G. Worthy, IDShield Solutions Provider

RSVP: sonja.karper@mennohaven.org

or 717.261.2318



Transportation News

Transportation Services 261-2526



Menno Haven Transportation operates Monday through Friday, between 8am and 6pm and Saturdays from 8am to 4:30pm.

Please note: Transportation for our residents in Personal Care and the Health Care Center is arranged through Nursing.

- Transportation to medical appointments within Chambersburg area – now accepting appointments as late as 4pm, call for return by 5:30pm
- On-campus and between campus transportation – complimentary service, call to request
- Caregiver assistance provided for all medical appointments. Assistance is offered getting from your home to the vehicle and into the doctor's office waiting room.
- Regularly scheduled shopping options (see Complimentary Shopping Trips)

To learn more about any of these services or to discuss other transportation needs, please give us a call – 261-2526.

Transportation Services will be closed on Tuesday, July 4 to observe the Independence Day holiday.

2017 COMPLIMENTARY SHOPPING TRIPS

Chambers Pointe & Brookview: Apartments, Cottages, and Villas
Call the Transportation Office at 261-2526 to make reservations

<p>Wal-Mart Last Thursday each month Departure Brookview: 1:15pm Departure Chambers Pointe: 1:30pm</p>	<p>Giant & Butcher Shoppe Every Thursday Departure starts on Brookview at 9:00am Then on to Chambers Pointe</p>
<p>Target Shopping Center Call 261-2526 to request.</p>	<p>Kohl's Shopping Center Call 261-2526 to request.</p>

Auxiliary News

The Menno Haven Auxiliary operates the campus shops as a fundraiser to support projects on our campuses that “Brighten the Life” of our residents and “Lighten the Load” of our staff. We not only need your support as a customer, but as a VOLUNTEER to clerk in the shops. Please contact Sherry Wengert, Director Volunteer Services, at 261-2526 to learn more about volunteering in one of our Auxiliary operated stores.

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GIFT SHOPS AT MENNO HAVEN

Enjoy the warmer days of summer! The lovely Glass House located at Chambers Pointe & Village Gift Shop at Brookview are here to serve you!

New arrivals

Metallic hand spinners for all ages!
Russell Stover sugar-free root beer barrels
Russell Stover chocolates
Jewelry & watches
Additional gift cards: *Dairy Queen, Dunkin' Donuts, Buffalo Wild Wings, Pizza Hut, Chipotle, & WalMart*
All occasion greeting cards for \$1.00
Selection of flavored teas & tea bag holders

Hand crafted

Convenient walker bags
Knitted dish cloths
Crocheted scrubbies
Crocheted doilies and hanging towels
Beautiful plaques for your home
Summertime garden flags
Attractive Wreaths for your decor
Scented Goat milk SOAPS
"Naked Bee" scented lotions & chapstick
Menno Haven logo Summer T-shirts
Tote bags & purses

July 5-8 Sizzling Summer Sale!

20% off gift items (excluding greeting cards, snacks, postage stamps, Choice Books, & gift cards)

The Village Gift Shop at Brookview

Monday - Friday, 9:30am to 3:30pm
Saturday - 10am to 2pm

The Glass House at Chambers Pointe

Monday through Friday – 10am to 2pm

Northgate Curio

Displayed items available for purchase.



VILLAGE STORE AT BROOKVIEW

Welcome the heat of July with these cool savings!

Klondike Ice Cream Bars	3 for \$2
Carton of Klondike Bars	6 for \$3.95
Lance Crackers <i>select varieties</i>	3 for \$1
Snack Box <i>mix or match</i>	4 for \$1
Snickers Ice Cream Bars	2 for \$1

Hours:
Monday - Friday
 10am to 2pm
Saturday
 10am to 12pm

MARK YOUR CALENDAR!
 Smith's Chicken BBQ on
 Saturday, September 9!

TREASURE CHEST THRIFT STORE AT BROOKVIEW

July brings to mind bar-b-ques, hot dogs, baked beans, etc. This is a great way to celebrate the 4th of July! Shopping at the Treasure Chest is another great way to celebrate the week.

Our monthly sale will be on the 6th, 7th and 8th of July. This will be 50% off all red, white and blue clothing. Come see what bargains are available for your holiday celebration!

Donation pickup dates for Chamber's Pointe this month are Thursday, July 13 and Thursday July 27. Please have all donations at the reception desk by 9:30am. All the volunteers at the thrift shop wish you a Happy 4th and let's not forget our reason for celebrating this day.

Hours:
Thursday
 9am - 6pm
Friday
 9am to 3pm
Saturday
 10am to 1pm

Phone: 261- 2373

Volunteer Opportunities

Menno Haven invites you to join the team of volunteers that are making a difference in the lives of elders that are a part of our communities. There are opportunities to meet a regular or substitute need in a variety of areas. Please consider joining the volunteer team!

To apply on-line, the volunteer application is found on the Menno Haven website – www.mennohaven.org, search for volunteering. All volunteers receive orientation and training before taking on a volunteer assignment.

Contact Info to Volunteer:

Brookview: Justine Hartman, 261-2527

Chambers Pointe and Treasure Chest (Brookview): Janet Hyatt, 261-4152

Wellness News

THE LADIES FROM THE WELLNESS CENTERS WISH EVERYONE A FABULOUS FOURTH OF JULY!

All scheduled Wellness classes on **Tuesday, July 4 are cancelled.**

Reminder: If you are exercising alone, please wear the alert necklace or if you are using the pool or hot tub, please have a buddy.

ATTENTION WATER VOLLYBALL PLAYERS!

On **Friday, July 14**, Menno Haven will be travelling to Messiah Village for a game of water vollyball! If you want to play, please contact Rhonda Campbell 217-5404.

MENNO HAVEN CARDBOARD BOAT RACE

Come watch or participate!

Friday, August 11 at 1:30 PM

(Raindate, August 18)

Chambers Pointe Reflection Lake

Residents & Team Members: There is still time to build a cardboard boat and try to take on the Menno Haven Wellness Team! Construction manuals and registration forms available in any wellness center. Return forms by July 28.

Receive the Gift of Sound

Information Table

Presenter: Louann Zullinger
Board Certified Hearing Instrument Specialist

See what the Miracle Ear Foundation can do for YOU!

Monday, July 17 11:00am - 1:00pm Renaissance Lobby	Wednesday, July 19 11:00am - 1:00pm Village Square Lobby	Friday, July 21 11:00am - 1:00pm Northgate Lobby
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Fill out an application for a free hearing aid.
Make an appointment to schedule a free hearing test.
See a CaptionCall phone in action.
Enter for your chance to win a gift basket!

The Miracle Ear Foundation's Gift of Sound program provides free hearing aids and hearing support services to individuals with limited incomes. The Gift of Sound program is based solely on income, not assets, so an individual with an annual income of \$23,760, or a couple with an annual income of \$32,040 is eligible to participate!

Don't let the cost of hearing aids stop you from enjoying conversations or participating in group activities. The Gift of Sound may be the best give you could ever receive!

For more information, call Louann at **717.261.1465**
www.miracle-ear-chambersburg.com



Resident Corner

Shared messages from one community to another!

"STOP BY FOR PIE" A BIG TREAT FOR RENAISSANCE RESIDENTS

Renaissance residents, and a lucky few others, were invited by Bob Sedlor and his daughter Pat Reeder for pie and conversation on a recent Saturday afternoon in the Club Room. Pat baked a whole lot of pies, all delicious! Rhubarb, cherry, peanut butter/chocolate, strawberry, blueberry, and many others were offered, along with coffee, tea, ice cream, and other snacks. Everyone enjoyed it! Pat and Bob sure know how to throw a party!

- Bill Keil, Chambers Pointe Renaissance Resident



Menno Views: YOUR Reviews on Events and Trips

Have you taken a trip with us or attended a special event or performance at Menno Haven and want to share your experience? Submit a review to a Leisure Coordinator, a PEP Team Member, or the Northgate Front Desk and we'll feature it here! Limit of 1 review per event

ANTIQUe & CRAFT MARKET

Five of us along with our Leisure Coordinator, Chris, spent a lovely day visiting the Old Sled Works Antique & Craft Market in Duncannon. The building also houses a mini sled museum consisting of one room. The market had a nice mix of antiques, vintage items and crafts for sale. For lunch we stopped at the Waterfront Bar & Grill for a delicious meal. We sat on the deck viewing the river as we ate. The gentle breeze kept us cool while we had a good time together.

- Rose Zook, Brookview Cottage Resident



OAKES MUSEUM OF NATURAL HISTORY

On a beautiful day, Monday, June 12, Chris Mellito, Leisure Coordinator at Brookview chauffeured a full bus of residents to the Oakes Museum of Natural History at Messiah College, Mechanicsburg, PA. The Museum is filled with collections of many African and North American mammals, birds, fish, fossils, etc. of excellent quality. All the specimens were donated to the Museum by prominent



individuals. Sara, our tour leader was very knowledgeable about all of the displays. She is a graduate of Messiah and has worked at the Museum for ten years. Because of her, this trip was one of the best informative tours I have taken and would return again. We didn't have to go far to see specimens of such great quality. The duration of the tour lasted about 2 hours. It was time for lunch so Chris had made reservations at Brothers Restaurant. They were ready for us when we arrived, had a very nice lunch, When we left the Brothers we walked next door to a very interesting store, Ten Thousand Villages, where they sold hand-made items from around the world then headed home, arriving shortly after 3pm. All in all it was a great day. Thank you, Chris, for planning an interesting fun day. - Barb Kercheval, Northgate Resident

WOW - WONDERFUL, OLDER, WISER



It was open season on all things hilarious when Menno Haven's Northwinds Players and Singers took to the stage for two capacity-filled shows in late May. Billed as an old-time radio show, "Wonderful, Older, Wiser" was everything vaudeville at Northgate's Chestnut Landing "theatre". The ensemble players and chorus delivered gut-busting sketch comedy and memorable music to audiences that simply ate it up. From the familiar Burns and Allen, to Carol Burnett, to the occasional ah-hah! musings from a world history professor, this show gave me something to not only laugh about, but to smile about long after the final curtain. There were bits and gags on

MENNO VIEWS CONTINUED...

aging, lingerie, even children's sermons. Tiny Tim and Miss Vicki went tiptoeing through the tulips. Through clever, artistic stagecraft, these two were ultra-diminutive (think South Park kids). Their show-stopping Rockettes kickline was so antic it hurt to laugh. Imagine this troupe of groovy 80 and 90-year-olds dancing to a '60s vibe in front of Laugh-In's Joke Wall Repeatedly interrupting Flower Power music, cast members popped through head- and-shoulder-sized doors in the wall, and let go with comedic zingers that left everyone in psychedelic stitches. In this frenetically paced sketch, the occasional unrehearsed miscue was... really funny! Rowan & Martin would have thought it was planned. SOCK IT TO ME! The performances benefitted the Michael J. Fox Foundation for Parkinson's Research. Kudos to producers Anne Jaklich and Barb Townsend for bringing some three dozen of their peers together to create something which beautifully illustrated that older and wiser... is indeed wonderful.

- David Getty, whose mother Joanne lives at Northgate. (She laughed herself silly, too.)

Get your Menno Haven Gear!

Shirts, sweatshirts, hats, water bottles and much more!

Easy ordering, **free** shipping, & **convenient** delivery and pick up from the Marketing Office. Visit www.mennohaven.org/store.



Miscellaneous

COFFEE & CONVERSATION

July 5: Brookview Chapel at 1:30pm.

July 6: Northgate Multipurpose Room at 10:00am.

July 11: Chambers Pointe Chapel at 1:30pm.

TOWN MEETINGS

August 1: Chambers Pointe Chapel
9:30am – 11:00am

August 2: Brookview Chapel
2:00pm – 3:30pm

August 3: Northgate Chestnut Landing
10:00am – 11:30am

CAMPUS CONNECT DEADLINE

The next Campus Connect will be delivered on July 26. Information is due by July 14. Information submitted after the deadline will not be included. Send information to Melissa Rabon at Melissa.Rabon@mennohaven.org

GREEN TEAM NEWS

Medications collection: The May 18 medications collection was again a success, although we did not gather as much as in previous collections. Thanks to all who disposed of your medications. We will have another collection in about 6 months.

Recycling plastics: Progressive Waste is again accepting #3 through #7 plastics at the Blue Ridge Landfill (1660 Orchard Road). We have been assured that they separate these plastics from the #1 and #2 plastics, pelletize them, and send them to industries that can use them. The collection bin is just beyond the entrance building.

Light bulbs: We are all aware of the new CFL (Compact Fluorescent Lights) and LED (Light Emitting Diode) light bulb, but what is the best choice can be a mystery. First, we are accustomed to using wattage as a measure of bulb brightness. However, CFLs and LEDs have smaller wattages than incandescent bulbs for an equivalent brightness, so wattage is no longer a good measure of brightness. The “new” measure is lumens.

CONTINUED...

The following chart gives the brightness of incandescent bulbs in terms of lumens. Cut out this chart and keep it with you when shopping for light bulbs.

HOW MUCH LIGHT DO I NEED?	
OLD INCANDESCENT BULBS (WATTS)	ENERGY STAR BULB BRIGHTENERS (MINIMUM LUMENS)
40	450
60	800
75	1,100
100	1,600
150	2,600

Second, CFLs and LEDs have a temperature listed on the box. This is an indication of the shade of the light. Bulbs with temperatures of 2700K to 3000K produce a soft white or warm white color, 3500K to 4100K produce a cool white, neutral, or bright.

SHIPPENSBURG AARP #3324

2017 FORT MORRIS TOURS

Tours depart from Chambersburg Target and Shippensburg Walmart

Tuesday, August 8: George's Furniture, Bird-in-Hand Smorgasbord & Play "Half Stitched," and Kitchen Kettle. Our first stop is at George's Furniture in Marietta to see how hand-made furniture is crafted. Then enjoy a delicious meal at the Bird-in-Hand Smorgasbord followed by the show "Half-Stitched; The Musical" in their new theater. Cultures collide and personalities conflict when an Amish widow decides to teach a small weekend quilting class? After the show we will venture to Kitchen Kettle; a collection of shops with a variety of goods to offer. Do some sample tasting at the Jam & Jelly Shop. **Deadline approaching!**

Departure: 7:15am (Chambersburg) 7:30am(Shippensburg) Return: 6:15pm.

Cost: \$105 Final payment due: July 7, 2017

Thursday, September 14: Conowingo Dam and Havre de Grace.

Watch bald eagles in flight feeding on fish in the Susquehanna River. After an included buffet lunch, we will have a tour of the quaint town of Havre de Grace, followed by visits to the Maritime and Decoy Museums. Finish the day with a stop at Bomboy's Ice Cream and Candy Store.

Departure: 6:45am (Chambersburg) 7:00 a.m. (Shippensburg) Return: 6:45pm

Cost: \$100 Final payment due: August 11, 2017

For more information and sign-up forms, contact:

John or Marcia Luetzelschwab: JLML3324@comcast.net or phone: 264-9539



LET'S GET GRILLING

by Menno Haven Dieticians, Melissa Synder, RD, LDN
and Kristen Vander Woude, RDN, LDN

For some people, summer time tends to be synonymous with grilling season. People tend to gather around an outdoor grill for numerous events including holidays, parties, picnics, or sometimes just a family meal. Follow these quick tips to help keep grilling healthy.

Choose leaner cuts of meats (boneless/skinless poultry, trimmed pork chops, 90% lean ground beef) to reduce saturated fat intake.

Choose fresh summer fruits and veggies (tomatoes, zucchini, pineapple, peaches) to help decrease coronary heart disease, stroke risk, obesity, and some forms of cancer.

Choose or make your own low fat marinades for meat/poultry or veggies. Experiment with different herbs, spices, and vinegars. Choose olive or canola oils.

Grill in smaller portions to minimize overeating.

GRILLED PEACHES WITH HONEY BALSAMIC SYRUP

Ingredients

- 1 cup balsamic vinegar
- 1 Tbsp. honey
- 1/8 tsp ground cinnamon
- 3 large peaches, halved and pitted
- 2 tsp canola oil
- 2/3 cup frozen light whipped dessert topping, thawed (optional)
- 6 gingersnap cookies, coarsely crumbled (optional)



Directions

1. In a small saucepan, bring the vinegar to boiling. Reduce heat; simmer gently for 10-13 minutes or until reduced to about ¼ cup. Remove from the heat. Add honey and cinnamon. Stir until honey is dissolved. Set aside to cool.
2. Preheat grill to medium-high heat. Brush peach halves with canola oil. Place peach halves cut-side-down on grill rack directly over medium-high heat. Grill, covered, 3-4 minutes or until just heated through and grill marks begin to form.
3. Place peach half on dessert plate. Drizzle each with 1-2 tsp of balsamic syrup. Top with dessert topping and crushed cookies (if desired).

DID YOU KNOW?

Peaches can help reduce anxiety. In Hungary, these juicy fruits are known as the "Fruit of Calmness".

SAVE THE DATE!



9TH ANNUAL

MENNOHAVEN

5K FUN RUN/WALK FOR ALZHEIMER'S AND 1 MILE KIDS' FUN RUN!

Saturday: November 4, 2017

VISIT MENNOHAVEN.ORG
TO REGISTER OR BECOME A SPONSOR



Giving to Menno Haven's Benevolent Fund



**Donating to the
Benevolent Fund
makes a difference!**

Send your 2017 gift to:

Development Services
2011 Scotland Avenue

Or online - www.mennohaven.org
(you will find the donation form by clicking on the "About Us" tab
and then clicking on "Give")

Or by phone - 261-2523



How did your donation to
Menno Haven's **Benevolent Fund**
make a difference last year?

**The total donated to the Benevolent Fund
in 2016 was \$221,179.12.**

**In 2016, the Benevolent Fund
provided charitable support
totaling \$1.4 million to 38 of
your neighbors and friends!**

Your donations are appreciated!



Investment & Trust Services

What to do? As the stock market posts new highs and the Fed indicates a desire to raise interest rates, investors with cash to invest find themselves in a difficult position. No one likes to invest in stocks at a market peak and no-one wants to tie their money up in a CD or Bond only to see interest rates move up immediately after they have made the investment. Unfortunately, in today's market environment, these situations are difficult to avoid.

One approach to avoiding "investor's remorse" is to establish a "dollar cost averaging" program. Dollar cost averaging is simply the process of investing a portion of available cash over multiple investment periods. Such a plan might take the form of investing $\frac{1}{4}$ of available cash at the end of each month for the next four months. This process should also allow some flexibility. If the stock market sells off dramatically or a special interest rate CD becomes available, it is fully appropriate to put that month's (but only that month's) investment to work early to take advantage of the opportunity. Sticking to a dollar costing plan will not guarantee a positive return, but it will prevent taking the full impact of a single day (or even a single month) market correction.

The **Investment and Trust Services Department** of **F&M Trust** has a team of knowledgeable professionals ready to help with a wide range of investment products and services. Stop by one of our branch locations or give us a call to speak with one of our financial representatives.

After-Hours Appointments

Do you wish for more privacy for your banking needs? Customers may schedule after-hours appointments with **Megan Barnhart** or **Barb Seylar**. We can even visit your cottage or apartment! Please contact the **Chambers Pointe Office** at 717.261.3660 or **Brookview Office** at 717.261.3697 to schedule your appointment or in-home visit. We will do our best to meet with you within 24 hours of your request (*excluding holidays and weekends*).

Holiday Hours

All F&M Trust offices will be closed on **Tuesday, July 4th** in observance of **Independence Day**.

Monthly Security Tip

Never give personal information, such as bank account or social security numbers, to anyone over the phone unless you initiated the call and know you've reached the right agency.

Traveling With Your Debit Card

If you plan on using your debit card while traveling this summer, please notify F&M Trust prior to your departure. A note will be placed on your card with the dates and destination of your trip. This will ensure that usage of your card is not interrupted while you enjoy your vacation!



FOURTH OF JULY WORD SEARCH



A M E R I C A N A T I O N A S
R I D E C L A R A T I O N D B
E R N S T A T E S U D N Y A J
M H W D I R S S W R P Y R M Q
O N E I E O I L S E T B L S E
D E S Y F P F G C E E H W U O
E E Q E T I E O H C R G O Z J
E T E U I R R N U T M G K S F
R R D N A N E E D R S C N G C
F I A I O L O B W E T B V O E
E H R T B N I L I O N H E D C
A T A E U E A T O L R C I T A
A O P D R D N F Y C T K E O A
L N O I T U L O V E R F S H E
I E R N O S R E F F E J S N R

WORDS:

ADAMS
CONGRESS
FOURTH
JEFFERSON
PARADE
THIRTEEN

AMERICA
DECLARATION
FREEDOM
JULY
REVOLUTION
UNITED

BARBECUE
EQUALITY
HOTDOGS
LIBERTY
RIGHTS

COLONIES
FIREWORKS
INDEPENDENCE
NATION
STATES