

the **HAVEN** **CONNECT**



APRIL 2018

**VISITING THE BLUETT BROS.
PAGE 12**


MENNOHAVEN
live confidently

Available online at www.mennohaven.org

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COMMUNICATION SURVEY

Menno Haven is working hard on our communication with our residents. We appreciate feedback and are always looking for ways to improve! Please fill out the survey below and return to any front desk.



Community

Brookview _____ Chambers Pointe _____

Care Level

Independent _____ Personal Care _____ Skilled Nursing _____

Overall how satisfied are you with communication at Menno Haven?

Dissatisfied _____ Neutral _____ Satisfied _____

What best describes your impression of communication within Menno Haven?

Keeps residents fully informed _____

Keeps residents fairly well informed _____

Residents are not informed _____

I am kept well informed about Menno Haven's progress with Project GENESIS

Dissatisfied _____ Neutral _____ Satisfied _____

The information I receive at Menno Haven is clear and concise

Dissatisfied _____ Neutral _____ Satisfied _____

Check all the places that you utilize to get information

TV _____

Haven Connect _____

My Haven _____

Channel 956 _____

Bulletins _____

Resident Portal _____

Additional Comments:

SPRING PREPARATIONS



Spring is here! As we begin to see warmer weather, we want to update you on a few topics of importance. First, we had some sod damage due to snow removal this winter. We'll be getting soil and filling in the damaged areas and seeding. We've also begun to fertilize some of the evergreen shrubs as well as treat others for season-long control against insects.

Spring Reminders:

- Please keep all bird feeders, bird houses and bird baths back in the mulch bed area. Please keep the areas under your feeders cleaned. This can become a rodent issue if left unkempt. Do not hang bird feeders from the tree branches.
- Perennials around your home are your responsibility to maintain. If you find it too hard to maintain them, please call Maintenance at (717) 261-2500 and we will have them removed.
- As you plant flowers around your home, please be sure to keep them 12" – 16" away from the edge of the mulch beds. As they grow, if they are planted too close to the edge, the crew may cut or run over them as they are mowing or edging.
- Garden hoses should be kept back in the mulch beds. I know in the past we have had hoses damaged because they were laying right along the edge of the bed and the grass.
- All trash that is placed out for pick-up needs to be in a bag and the bag tied off. We do not have the ability to handle loose trash. It has been very windy this winter and the crew has spent hours cleaning up trash around the lawns because bags were in trash cans but the bags were not tied.
- All residents should have a recycling bin. Anyone who does not have one or needs an additional one please call Sandy Myers to request one. Glass, plastics, all paper, and cardboard can be co-mingled in this bin. Please rinse out all glass and plastic containers.
- Vegetable plants should not be planted in the mulch beds around your home. Doing so often causes die-back of nearby shrubs.
- Please be sure to clean up the 'litter' made by your pets as it occurs. We have had numerous complaints about pet owners not cleaning up after their pet. For the safety of everyone, pets must be leashed at all times.

OPPORTUNITIES

UPCOMING TRIPS

Reservations for trips are taken by the Leisure Coordinator organizing the specific trip. The phone number for making reservations is indicated for each trip. You may also contact them via email:

Tresa Day: Tresa.Day@mennohaven.org

Sherry Kennedy: Sherry.Kennedy@mennohaven.org

Chris Mellito: Chris.Mellito@mennohaven.org

The Side Street Strutters - Celebration of 100 Years of Jazz at the Maryland Theatre, April

4: The Strutters celebrate the 100th anniversary of recorded jazz, pop and R&B with songs like Gershwin's Rhapsody in Blue, Ellington's Mood Indigo and All or Nothing At All recorded by Frank Sinatra. Show starts at 7:30PM. Bus departs from Northgate at 6PM, Brookview Chapel at 6:10PM, and Renaissance at 6:20PM. For more information call Tresa Day at (717) 261-2328.

Late Lunch at Pure & Simple Café, Visit at "The Shop" Antiques & Collectibles in Greencastle,

April 5: Pure and Simple Café reflects healthier choices in restaurant dining. "The Shop" has an array of one-of-a-kind antiques, vintage baubles and collectibles. Bus departs from Northgate at 12:30PM, Brookview Chapel at 12:35PM, and Renaissance at 12:40PM. For more information call Tresa Day at (717) 261-2328.

Pennsylvania Quilt Relief Sale at the Pennsylvania Farm Show Complex in Harrisburg, April 6:

Events feature the Quilt Auction, Coin & Country Auction, Silent Auction, food, crafts, fellowship, and more. All proceeds from the sale benefit Mennonite Central Committee (MCC). Bus departs from Northgate at 9AM, Brookview Chapel at 9:10AM, and Renaissance at 9:20AM. For more information call Tresa Day at (717) 261-2328.

Warehime-Myers Mansion in Hanover, April 6: This mansion was built over a period of three years, beginning in 1911, as the residence of Clinton N. Myers of Hanover Shoe Company. Tour is \$8 to be collected on the bus before the tour starts. 90 minute tour with 16 steps with a hand rail. Lunch at The Markets at Hanover (on your own). Bus departs from Northgate at 8:55AM, Brookview Chapel at 9AM, Renaissance at 9:05AM. Sign up in the book at the Brookview Concierge Desk or call Chris Mellito at (717) 263-8545, ext. 3273.

MSO presents "Disney's Tale as Old as Time" at the Maryland Theater in Hagerstown, April

8: Brought to life by the talents of four Broadway-caliber singers and featuring high resolution animated film sequences, Disney in Concert Tale as Old as Time explores iconic moments, plot twists and feats of daring heroics from Frozen, Beauty and the Beast, Cinderella, The Little Mermaid, Tangled, The Lion King and many more. Bus departs from Northgate at 1:30PM, Brookview Chapel at 1:35PM, and Renaissance at 1:40PM. For more information call Tresa Day at (717) 261-2328.

Wellness Hike at PA turnpike Pike to Bike Trail and Tunnel, April 9: The Pike 2 Bike trail is America's only abandoned Super Highway turned into a bike trail. This is a section of the Pennsylvania Turnpike - America's first limited access highway - that was abandoned in 1968. The hike and tunnel are flat. Flashlight needed for the Tunnel. Lunch on your own in Breezewood.

Around 4 miles round trip casual hike. Bus departs from Northgate at 8:30AM, Brookview Chapel at 8:35AM, and Renaissance at 8:40AM. Sign up in the book at the Brookview Concierge Desk or call Chris Mellito at (717) 263-8545, ext. 3273.

Gearhouse Brewery in Chambersburg, April 10: Join us for a tour of the brewery, brewhouse and taproom. We'll do a tasting of 2 five ounce beers. Cost is \$15. Bus departs from Northgate at 3:15PM, Brookview Chapel at 3:20PM, and Renaissance at 3:25PM. Sign up in the book at the Brookview Concierge Desk or call Chris Mellito at (717) 263-8545, ext. 3273.

“Relax to the Max” Session at Chambersburg Wellness Salt Cave, visit to JanZell Wines, April 12: Experience the benefits of a salt cave, aids breathing and relaxation. After the session, enjoy a glass or two of wine at JanZell tasting room. Salt cave admission is \$15 for a group of ten guests. Session is 45 minutes. Dress is comfortable/casual. Bus departs from Northgate at 3:15PM, Brookview Chapel at 3:20PM, and Renaissance at 3:30PM. For more information call Tresa Day at (717) 261-2328.

Herb & Garden Expo in York, April 13: This event is held each April and features nationally known speakers, workshops, and vendors of plants, herbal crafts, products for the gardener, cooking, teas and soaps, Tickets \$7. Lunch on your own. Bus departs from Northgate at 9AM, Brookview Chapel at 9:10AM, and Renaissance at 9:20AM. Sign up in the book at the Brookview Concierge Desk or call Chris Mellito at (717) 263-8545, ext. 3273.

Hagerstown Roundhouse Museum, April 14: Join us as we travel to the Roundhouse Museum in Hagerstown, MD! They have 5 model train layouts, historic pictures, maps, railroad displays, tools and canal boats (you'll learn the interesting story about why there are canal boats in a railroad museum!). **NOTE:** This is an old building (approximately 140 years old) and there is no elevator. There are 2 floors, and you will need to walk up 24 steps to get to the 2nd floor. Admission cost is \$6. Bus departs from Northgate at 12:20PM, Brookview Chapel at 12:25PM, and Renaissance at 12:35PM. Sign-up book is available at Sherry Kennedy's desk at the Renaissance or call (717) 709-4543 or ext. 4393.

Mercersburg Community Chorus presents “Mendelssohn: Elijah” in Mercersburg, April 15: Featuring 4 soloists, MCC is accompanied by a full orchestra in one of the most beautiful chapels in the area. Free will offering. Show starts at 3PM. Bus departs from Northgate at 1:30PM, Brookview Chapel at 1:40PM, and Renaissance at 1:50PM. For more information, call Tresa Day at (717) 261-2328.

Wellness Walk at Hagerstown City Park, Early Dinner Option TBD, April 17: Built in 1921, HCP is known as one of America's most beautiful parks, designed by George Burnap-one of the landscape designers for NYC Central Park. Bus departs from Northgate at 1PM, Brookview Chapel at 1:10PM, and Renaissance at 1:20PM. For more information call Tresa Day at (717) 261-2328.

Luhrs Center presents “Stomp!” in Shippensburg, April 19: STOMP is an unforgettable experience for audiences of all ages. The eight-member troupe uses everything but conventional percussion instruments – matchboxes, wooden poles, brooms, garbage cans, Zippo lighters, hubcaps – to fill the stage with magnificent rhythms. Tickets may be purchased by calling the box office at (717) 477-7469. Show starts at 7:30PM. Bus departs from Northgate at 6PM, Brookview Chapel at 6:10PM, and Renaissance at 6:20PM. For more information, call Tresa Day at (717) 261-2328.

Shippensburg University Community Orchestra Spring Concert at the Luhrs Center, April 22: SUCO will perform two of the most beloved masterpieces of classical music: Edvard Grieg's Piano Concerto in A minor and Beethoven's Symphony Number 5 in C minor. Free event, no ticket required. Show starts at 3PM. Bus departs from Northgate at 1:30PM, Brookview Chapel at 1:40PM, and Renaissance at 1:50PM. For more information, call Tresa Day at (717) 261-2328.

Hershey Park in Hershey, PA., April 27: Whether it's people-watching, visiting the ZOO, watching a show or riding the rides. Ages 55-69, \$44.95. Ages 70+-\$28.95. Lunch at the many places to eat in the park. Leaving the park at 3PM to come home. Bus departs from Northgate at 8:50AM, Brookview Chapel at 8:55AM, and Renaissance at 9AM. Sign up in the book at the Brookview Concierge Desk or call Chris Mellito at (717) 263-8545, ext. 3273.

Renfrew Park Recycle Reuse Yard Sale in Waynesboro, April 28: Held in conjunction with Renfrew Institute's Earth Celebration Day & Festival of Art. Music and food too. For more information visit www.renfrewinstitute.org Bus departs from Northgate at 9AM, Brookview Chapel at 9:10AM, and Renaissance at 9:20AM. For more information, call Tresa Day at (717) 261-2328.

Steam Engine Show Spring Fling at Twin Bridges Campground, April 28: We'll travel to the Twin Bridges Campground in Chambersburg for their Spring Fling that features displays of gas & oil field engines, tractors, steam engines, running sawmill, stone crushing, operating blacksmith shop, toy show, indoor & outdoor flea market and more! Admission is free. Bus departs from Renaissance at 9:15AM, Northgate at 9:25AM, and Brookview Chapel at 9:30AM. Sign-up book is available at Sherry Kennedy's desk at the Renaissance or call (717) 709-4543 or ext.4393.

Dinner at Mercersburg Inn in Mercersburg, April 29: "Byron's Dining Room" features delectable meals elegantly prepared and plated for an unforgettable dining experience. One of the area's most beautiful inns, The decorative tile, oak flooring, wrought-iron balustrades, columns, and wood paneling are all original. Bus departs from Northgate at 4PM, Brookview Chapel at 4:10PM, and Renaissance at 4:20PM. For more information, call Tresa Day at (717) 261-2328.

Cumberland Valley Christian Choir at Antrim Brethren in Christ, April 29: Enjoy the Sixteenth Annual Spring Cantata performed by the Cumberland Valley Christian Choir and directed by Owen Myers and Fred Keener held at the Antrim Brethren in Christ Church near Greencastle. Show starts at 7PM. A freewill offering will be received for Samaritans Purse Puerto Rico hurricane relief. Bus departs from Renaissance at 5:45PM, Northgate at 5:55PM, and Brookview Chapel at 6PM. Sign-up book is available at Sherry Kennedy's desk at the Renaissance or call (717) 709-4543 or ext. 4393.

Now Accepting Sign-ups for Baltimore's Inner Harbor trip on Wednesday, May 9: Cost of transportation is \$30 per person paid by check (chartered). Deadline for check is May 4th-to be given to Chris Mellito. Trip limited to 13 people. 5 hours on your own to explore the harbor. Plenty to see and do (Trolley tour, Harbor cruise, Science Museum, State Aquarium, Paddle boat, Ship tour, shopping and eating) Bus departs from Northgate at 8:15AM, Brookview Chapel at 8:20AM, and Chambers Pointe Renaissance at 8:25AM. To reserve your spot please email or call Chris Mellito at (717) 263-8545, ext. 3273.

MOVIES

Movies at Chambers Pointe:

Join us for **Renaissance Movie Nights in April** held in the **Renaissance Dining Room**.
For more information, contact **Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.**

- **Friday, April 6 at 6:30PM:** Our feature presentation will be **Victoria and Abdul**. Based on an extraordinarily true story! Abdul Karim arrives from India to participate in Queen Victoria's golden jubilee. The young clerk is surprised to find favor with the queen herself. As Victoria questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance that her household and inner circle try to destroy. As their friendship deepens, the queen begins to see a changing world through new eyes, joyfully reclaiming her humanity. (Approximate run time: 1 hr. 51 min. Rated PG-13, 2017)
- **Friday, April 20 at 6:30PM:** We'll show **Swing Time** starring Fred Astaire & Ginger Rogers. In this classic musical that is widely acknowledged as one of the team's very best, a performer and gambler travels to New York City to raise the \$25,000 he needs to marry his fiancée, only to become entangled with a beautiful aspiring dancer. (Approximate run time: 1 hr. 43 min. Not Rated; 1936)

Join us for **two documentaries in April** held in the **Renaissance Dining Room at 2PM!**
For more information, contact **Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.**

- **Tuesday, April 10 at 2PM:** Join us for the docu-drama **Killing Lincoln** narrated by Tom Hanks. Killing Lincoln is the suspenseful, eye-opening story of the events surrounding the assassination of the U.S. President Abraham Lincoln. (Approximate run time: 1 hr. 36 min.)
- **Tuesday, April 24 at 2PM:** We'll see **The Oregon Trail** as aired on Public TV. Take a 2,000-mile journey west with the pioneers that braved the Oregon Trail in search of a better life. See rare photos, hear diary excerpts and watch stunning footage in this award-winning film. (Approximate run time: 2 hours)

Movies at Brookview:

Located at the **Village Square Hobby Center unless otherwise stated** - For more information, contact Village Square PEP Team at (717) 261-2490 or in-house ext. 3126.

- **Tuesday, April 10 at 1:15PM – Tea with Mussolini.** This movie is a story of civilized disobedience. Tea with Mussolini is a 1999 Anglo-Italian semi-autobiographical film directed by Franco Zeffirelli, scripted by John Mortimer, telling the story of a young Italian boy's upbringing by a circle of British and American women before and during the Second World War. (Approx. run time 2 hours)
- **Wednesday, April 11 at 7PM – Risen** tells the familiar timeless story of Jesus' death and resurrection from the perspective of Clavicus, a Roman soldier & outsider who has no reason to believe & every reason to be skeptical about the mind-blowing miracles that have been performed. **Shown in the Northgate Multipurpose room.**
- **Tuesday, April 24 at 1:15PM – Singin' in the Rain** is a 1952 American musical romantic comedy film directed and choreographed by Gene Kelly and Stanley Donen, starring Kelly, Donald O'Connor, and Debbie Reynolds. It offers a lighthearted depiction of Hollywood in the late 1920s, with the three stars portraying performers caught up in the transition from silent films to "talkies". Run time: 103 minutes

SPIRITUAL

Bible Studies - Wednesdays

- 10:30AM Brookview Social Recreation Room
- 1:30PM Chambers Pointe William Penn Room
- 3:00PM Northgate Conference Room

Thursday Chapel Services

- Every Thursday at 10:15AM, Brookview Chapel

Sunday Services - Sundays

Brookview Chapel: 8:45AM and 10:15AM
(rebroadcast on Channel 956 at 6:30PM)

- Chambers Pointe Chapel: 10:15AM

Rosary - Rosaries provided for those who don't have their own.

- **Rosary at Brookview:** Every Tuesday at 9:15AM.
- **Rosary at Chambers Pointe:** Every Friday at 9:30AM.

Lutheran Communion

- Brookview Chapel the second Tuesday of every month at 1:30AM

2nd Sunday of the Month Service

- 6:15PM in Brookview Chapel by Cumberland Valley Mennonite Churches

Catholic Mass

- **Mass at Brookview:** First Thursday of every month, Brookview Chapel.
- **Mass at Chambers Pointe:** First Wednesday of every month, Chambers Pointe Chapel.

Presbyterian Communion Service Monday, April 9

- Chambers Pointe Chapel, 1PM
- Brookview Chapel, 2PM

OTHER

THIS IS MY STORY

Tuesday, April 3, 7PM, Northgate Club Room. In 1947, Northgate resident Jan Chlaposwki crossed the Iron Curtain by walking across the border between communist Poland and East Germany. For more information call Tresa Day at (717) 261-2328.

GROWING THROUGH GRIEF

Tuesday, April 3, 1:30PM in the Brookview Chapel Grief support group. Session #3: "Healing Heartaches along the Way." Preregistration is requested by phoning Grane Hospice at (717) 763-4001, ext. 10446.

CLOTHING ALTERATIONS

Tuesdays, April 10 and 24 from 9AM - 10AM in the Village Square Social Rec Room. Bring items that need minor repairs. For more information, contact Village Square PEP Team at (717) 261-2490.

MENNO HAVEN YACHT CLUB SAILING

Practice Days: **April 12 and 19**

Racing Day: **April 21**

1:30PM Reflection Lake at Chambers Pointe

All residents welcome!

TIE COMFORT TOPS

Monday, April 16 at 9AM in the Hobby Center. All residents are invited to come tie comfort tops for the Cumberland Valley Relief Center.

CUMBERLAND VALLEY QUARTET AT CHAMBERS POINTE

The Cumberland Valley Quartet will perform at the Chambers Pointe Chapel on **Tuesday, April 17 at 7PM**. Mark your calendar!

APRIL BIRTHDAY LUNCH FOR BROOKVIEW COTTAGE RESIDENTS

Thursday, April 19 at 1:30PM in the Arbor Room. Brookview cottage residents with April birthdays are invited to celebrate. Please RSVP by calling Chris Mellito at (717) 263-8545, ext. 3273.

TRAVELING TRUNK OF TREASURES

Monday April 23 at 2PM in Brookview Chapel. This program brings the Renfrew Museum to us in the form of many authentic artifacts and provides a hands-on experience that encourages folks to reminisce about memories of parents, grandparents and more. Ann Noll will be the knowledgeable presenter.

MEET TOM MCFARLAND

Tuesday, April 24 at 7PM in the Northgate Club Room. Artist, studier and sculptor of sea turtles, teacher, musician, Tom has many interesting stories to tell. Tom will be sharing about his career as a sculptor and a teacher. For more information, call Tresa Day at (717) 261-2328.

FAMILY COUNCIL

Wednesday, April 25 at 3PM in the Brookview Board Room Hugh will be attending and will be discussing the construction of the rehab building as well as Project Genesis.

“TITANIC” BINGO NIGHT AT CHAMBERS POINTE

Cottage and Renaissance residents are invited to join the fun of a “Titanic” Bingo Night on **Thursday, April 26 at 6PM** in the Renaissance Dining Room. Prizes, refreshments and interesting trivia and stories about the R.M.S. Titanic included!

BREAKFAST BINGO AT BROOKVIEW

Residents are invited to play Bingo on **Saturday, April 28** at 9AM in the Social Rec Room.

THE SINGING MAYOR RETURNS

We welcome Chuck Mummert, the mayor of Elizabethtown, back to Chambers Pointe on **Monday, April 30 at 2PM** in the Chapel. Chuck will sing songs that you know and love, and will encourage you to sing along!

TREASURE CHEST PICK-UP AT CHAMBERS POINTE

April 12th and 26th at Chambers Pointe. Donations must be at the Manor Lobby no later than 9:30AM on these days so the volunteer can pick up the items for transport. If items are not there by 9:30, they will have to wait until the next pick up.

IPAD ASSISTANCE AVAILABLE

Please call Village Square PEP office (717-261-2490 or in-house ext. 3126) to schedule a time to meet with someone to answer questions regarding your iPad.

PHILOSOPHICAL ENQUIRY GROUP

Thursdays at 3:30PM in the Northgate Conference room. In March we discussed Phenomenology, Goethe, and mathematical representation of reality and are planning to move to “Good and Evil.” All are welcome! For questions call Jo Fortuna at (717)

FREE TRANSPORTATION TO SPRING 2018 IRP LECTURES

Two lectures for each date, 9AM and 10:30AM

Go to www.IRP-online.org for lecture topics. Bus departs from Northgate at 8:15AM, Brookview Chapel at 8:20AM, and Renaissance at 8:30AM. For questions, call Tresa Day at (717) 261-2328.

April: 3, 4, 5, 10, 11, 12, 17, 18, 24, 25, 26



April 3: Chambers Pointe Chapel, 1:30PM

April 4: Brookview Chapel, 1:30PM

April 5: Northgate Multipurpose Room, 10AM

SHIPPENSBURG AARP #3324, 2018 FORT MORRIS TOURS
Tours depart from Target Store in Chambersburg

Tuesday, May 22: "Jesus" at Sight & Sound Theater

See "Jesus", Sight and Sound's newest production. After the show, we will go to Miller's Smörgåsbord for dinner, (included). **DEADLINE IS APPROACHING.**

Departure: 8:15AM **Return:** 5:30PM **Cost:** \$135

Final payment due: Friday, April 20, 2018

Thursday, June 21: Mystery Trip.

Lunch is included! There will be a stop for supper (on your own) during the return trip.

Departure: 7AM **Return:** 8:30PM **Cost:** \$130

Final payment due: Friday, May 18, 2018

Wednesday, July 11: Fulton Theater: The Hunchback of Notre Dame

Enjoy a lunch at the Good N' Plenty family style restaurant before going to the Fulton Theater for the production of "The Hunchback of Notre Dame."

Departure: 9:30AM **Return:** 6PM **Cost:** \$130

Final payment due: Friday, June 8, 2018

Thursday, August 16: American Treasure Tour, QVC, tour of a Helicopter Museum

Included: American Treasure Tour, an all-indoor massive collection of Americana from antiques to pop culture; lunch; shopping at and tour of QVC studio; a visit to the American Helicopter Museum. There will be a stop for supper (on your own) at a Turnpike Plaza.

Departure: 7AM **Return:** 8:30PM **Cost:** \$130

Final payment due: Friday, July 13, 2018

Tuesday, September 18: Wolf Sanctuary, Chalk Talk, and Wilbur Chocolate

Included: A guided tour of the Wolf Sanctuary; a buffet lunch at the Lititz Family Cupboard; Chalk talk at Alva's studio; a stop at the Wilbur Chocolate Store (Wilbur Buds!). NOTE: The Wolf Sanctuary has gravel walkways and hill to walk to see two of the wolf packs. Use of a walker may be difficult, but most of the pertinent information is provided in a flat area.

Departure: 7AM **Return:** 6:45PM **Cost:** \$135

Final payment due: Friday, August 17, 2018

For more information and sign-up forms, contact:

John or Marcia Luetzelschwab: JLML3324@comcast.net or phone: (717) 264-9539

VOTING AT THE POLLS

For those unable to drive off campus, Life Enrichment will provide transportation to Park Avenue Church for voting at the polls on **Tuesday, May 15**. Trips will be taken in the morning for Personal Care residents and in the afternoon for Cottage and Renaissance residents. Sign up with the PEP Team by calling (717) 261-4000 or in-house ext. 2015.

AARP DRIVERS CLASSES

All classes are held in the Northgate Multipurpose Room from 8AM to 12PM. Cost is \$15.00 for AARP members and \$20.00 for NON AARP member. Call Helen at (717) 262-2373 for reservations.

4-hour Refresher Class:

May 4



Shared messages from one community to another

VISIT TO BLUETT BROS

On February 28 nine members of the Menno Haven community travelled to York, Pennsylvania, to visit the shop of violin maker Mark Bluett. For an hour we were shown how violins are constructed: how the backs are made from hardwood, and the fronts from spruce that is aged for 50 years before being hand carved and “tuned” to an “E” tone. After assembling the violin, and testing it for tone and resonance, Bluett “makes breakfast” for his instrument, by rubbing the entire violin with egg whites to prevent any varnish from seeping into the wood, allowing it to dry, then rubbing in strong black coffee (for color tones) before applying a light oil finish.

During our visit, we also watched one of Bluett’s apprentices work on constructing a mandolin, for, in addition to violins, the shop produces violas, cellos, mandolins, and viola de gambas. Each instrument is an individual work of art; some have uniquely carved heads, others have mother of pearl inlay.

From the violin shop we went to a restaurant for good food and fellowship before returning to campus. We strongly recommend this tour to others, should it be offered again in the future.

- Chambers Pointe resident





DEVOTIONS FROM HARRY

In this scripture, Jesus is preaching on a mountain to a large group of people. He says some words, we now know as the beatitudes that might surprise us and convict us. We often don't look highly on those who are poor, those who mourn, those who are meek, or those who hunger. But Jesus calls them blessed. Jesus says that the Kingdom of God belongs to them.

God looks on people in a different way than any of us. Then Jesus goes one step further. Jesus says that we are the salt of the earth and the light of the world. We are called to care and strive to be like those who are poor, mourning, meek, and hungry. We are called to be merciful, pure in heart, and peace makers. How can you bring flavor and light to the world?

- Harry Black, Brookview Health Care Center

SAVE THE DATE: 2nd Annual Cardboard Boat Regatta August 10th
 Raindate, August 17th
 More information to come!

DID YOU KNOW?

Menno Haven Service Tips



Here at Menno Haven, we know that caring for the caregiver is as beneficial as caring for their loved one.

ElderDay supports aging adults through activities and care during daytime hours.

For more information on ElderDay, contact Katie Ackerman, Director of ElderDay at (717) 709-4510 or Katie.Ackerman@mennohaven.org.



GREEN TEAM NEWS

Reduce your volume of trash – Part 2: Oops – we have a lot of other items for this issue, so Part 2 will appear next month.

Recycling tip: We will be presenting a recycling tip each month; the first one is listed below.

Recycle plastic plant pots: If you purchase a plant that comes in a plastic pot and then put that plant into the ground, you are left with a plastic pot. Do not throw it into the trash; take it to Lowes where it will be recycled.

Returning Green Ware: The Green Team strongly encourages residents to use green ware for take-out orders. A set can be obtained for \$10 at any dining venue. Present resident use of green ware has saved Menno Haven thousands of dollars and saved hundreds of pound of plastic going to the landfill. However, those who do use green ware must remember to take the used ones with them when getting a new take-out order.

Water conservation: One of the largest wastes of water results from toilets that do not seal after use, which allows the water to slowly leak out of the tank. If the water periodically runs to fill the toilet tank, call Maintenance to have the seal fixed.

Salad containers recyclable: The salads in the About Thyme Bistro come in #1 plastic containers, which are recyclable. Preferably wipe out excess dressing before putting the container in a recycle container. The new salad containers will be coming to the Cypress and the Blue Willow Cafés shortly.

Clear plastic cold drink cups: The cups for cold drinks in all dining venues are now #1 plastic and should be recycled. Empty out any remaining liquid.

Television recycling: At the moment Menno Haven cannot take a trailer-load of televisions for recycling at the Washington Township recycling facility. To avoid gathering too many TVs in the barn, we would prefer residents either: 1. When purchasing a new TV, require the store to take your old one, or, 2. Take your old TV to Washington Township for recycle (12721 Buchanan Trail E., Waynesboro). They do take individual sets, but there is a charge - \$20 to \$30 depending on the weight of the TV.

Staff actions: We want to recognize actions taken by staff members that will save resources. In the business office paper and plastic plates, cups, and utensils have been replaced with washable versions, which saves resources and money. Likewise, in Elderday, Styrofoam cups have been replaced with ceramic mugs that can be washed and reused. They also make mats using “plarn” – recycled plastic that has been woven into a yarn.

DEMENTIA Live®

Tuesday, May 1, 2018

Cost: \$10

Northgate Multipurpose Room

Open to all residents

Sign up required at www.olderpa.org

In this high-impact Dementia Live experience, you will be immersed into life with dementia, resulting in a deeper understanding of what it's like to live with a cognitive impairment and sensory change. The training is only 30 minutes in length. Time slots are available from: 9AM - 11:30AM, and 1PM - 3:30PM. Please arrive 15 minutes prior to your scheduled time.

TRANSPORTATION AND VOLUNTEERS

MENNO HAVEN TRANSPORTATION

Operates Monday through Friday, between 8am and 6pm and Saturdays from 8AM to 4:30PM.

- Transportation to **medical appointments** within Chambersburg area – Accept appointments as late as 3:30PM, call for return by 5:30PM.
- **On-campus and between campus** transportation – complimentary service, call to request
- **Caregiver assistance** provided for medical appointments. Assistance is offered getting from your home to the vehicle and into the doctor's office.

VOLUNTEER AT BROOKVIEW

- **Household or Dining Room Assistants** at Brookview Health Care Center: Assist with filling water pitchers, wrapping silverware, getting people to activities or to and from meal times.
- **Accompanist:** People with musical ability – piano, organ, guitar to accompany group singing.
- **Chapel Transporter:** Assist with taking residents in wheelchairs to Sunday chapel services.
- **Sunday Chapel Volunteers:** Assist with Sunday services as an usher, accompanist, or camcorder operator.

To volunteer, please contact

Brookview

Justine Hartman, (717) 261-2527

Chambers Pointe and Treasure Chest

Janet Hyatt, (717) 261-4152

COMPLIMENTARY SHOPPING TRIPS

Brookview & Chambers Pointe Apartments, Cottages, and Villas

Walmart

Last Thursday of every month

Departs Brookview at 1:15PM

Departs Chambers Pointe at 1:30PM

Giant & Butcher Shoppe

Every Thursday

Departs Brookview at 9AM

Then on to Chambers Pointe

Target and Kohls Shopping Centers

Call to request.

Schedule your transportation today!
Call (717) 261-2526

VOLUNTEER AT CHAMBERS POINTE

- **Chapel Transporters** - Assisting residents in wheelchairs to chapel services. This is a great opportunity for a few friends or a small group to serve together!
- **Camcorder Operators** - Learn to broadcast Chambers Chatter Live and/or Sunday services or other programs.
- **Country Store/Glass House** - Clerk in the convenience grocery store/gift shop.

TRANSPORTATION VOLUNTEERS

- **Errand Drivers** - Drive Menno Haven car or minivan to deliver the interoffice business mail between communities as well as occasional errands in the Chambersburg area.
- **Escorts** – Accompany Personal Care and/or Health Care Center residents to medical appointments using Menno Haven transportation
- **Out-of-town Drivers** – Drive Menno Haven car or minivan to take resident to medical appointments in neighboring towns – Greencastle, Hagerstown, etc.

MENNO HAVEN AUXILIARY



SMITH'S CHICKEN BBQ

Smith's Barbecue Chicken serves up juicy chicken along with green bean casserole, baked potato, applesauce, and roll with butter.

Purchase your tickets in advance and save \$1 per dinner!

Saturday, May 19, 2018

11AM - 2PM or when sold out.

Chambers Pointe parking lot in front of the Renaissance building.

Chicken Dinner (Advance) - \$11

Chicken Dinner (Day of) - \$12

Tickets will be sold in any of our Gift Shops or by contacting Karen Porter at (717) 377-6648, kporter2@comcast.net or Billie Torrey at (717) 261-2360, billie.torrey@mennohaven.org.

4TH ANNUAL AUXILIARY TEA

The Garden Party is just around the corner! Don't miss your opportunity to join us for the 4th Annual Menno Haven Auxiliary Tea.

April 4th will be the last day to call for tickets. This event is not exclusive to Auxiliary members - everyone is welcome!

The Tea and Fashion Show will be held at the King Street Church Bakers Center, 56 N Second St, Chambersburg.

Tickets are \$30 each and include a served brunch by Kathy's Deli, fashion show, silent auction and fun photo opportunities! Contact Ruth Zebarth at (717) 261-9508, ruthzebarth@yahoo.com or Billie Torrey at (717) 261-2360, billie.torrey@mennohaven.org.

VILLAGE STORE AT BROOKVIEW

Turkey Hill Ice Cream

\$2.99 / carton

New line of Cookies

Chocolate chip, oatmeal raisin, molasses & oatmeal

\$1.99 / package of 6

Have you had your Chester's Puff Corn lately?

Grab some today!

Hours:

Monday - Friday

10 AM to 2 PM

Saturday

10 AM to 12 PM

APRIL SPECIAL!

Klondike Ice Cream Bars

.69 cents / bar



GIFT SHOPS AT MENNO HAVEN

Visit the gift shops at Menno Haven this spring for the best deals!

- New jewelry and watches, plus badge & eye glasses holders
- Beautiful scarves
- Spring time wreaths and decorations
- Garden flags and outdoor iron holders
- Handcrafted dishcloths and scrubbies
- Useful purses & convenient walker bags
- Amazing puzzles and "Choice Books"
- Candy & Snacks for quick pickup
- A-Line Easter & all occasion cards, each for \$1
- Community store gift cards for your family & friends

Village Gift Shop at Brookview

Monday - Friday
9:30AM to 3:30PM
Saturday, 10AM to 2PM

The Glass House at Chambers Pointe

Monday - Friday
10AM to 3 PM

Northgate Curio

Displayed items available for purchase.



Now accepting cash, checks OR Credit Card payment in the Village Gift Shop at Brookview!

TREASURE CHEST THRIFT STORE AT BROOKVIEW

Now that winter is over we look forward to some lovely days to take a walk and explore the areas of the community that may be new to some of us. Avoiding the construction sites is important. The Treasure Chest is still easily accessible and we welcome any visitors that want to stop by. We'll be having a **Spring Sale on April 12th, 13th and 14th**. This will be a sale of winter clothing as well as other clothing and includes coats and jackets. If you have questions don't hesitate to call us and we will do our best to help you.

Hours:

Thursday
9AM to 6PM
Friday
9AM to 3PM
Saturday
10AM to 1PM

Phone: (717) 261- 2373

We are now operating on summer hours! (See right)

WELLNESS NEWS

DEMONSTRATION TAI CHI EASY

Tai Chi Easy will introduce you to methods of gentle movements and breathing that can be done seated or standing that will lead to such states of relaxation. Provided we get at least 7 committed students, classes will begin at the same time slot on Thursday, April 26, 2018 for a series of 8 instruction classes 30 minutes each. Participants may be seated or standing.

Wednesday, March 28th

Laurel Room; Chambers Pointe
Time: 10:30AM

Thursday, March 29, 2018

Wellness Health Studio; Brookview
Time: 1:30PM – 2PM

LINE DANCING WITH SPIRIT TRUST

April 4th and 25th Spirit Trust will be joining us for Square Dancing in the Laurel Room at Chambers Pointe at 2:30PM.

FITNESS & BALANCE ASSESSMENTS

No registration required - just stop by!

Thursday, April 26

8:30AM - 10:30AM

Northgate Health Studio

Wednesday, May 2

10AM - 11:30AM

Laurel Room at Chambers Pointe

Friday, May 11

10AM - 11:30AM

Laurel Room at Chambers Pointe

Friday, May 18

10AM - 11:30AM

Social Rec Room at Brookview

Monday, May 21

10AM - 11:30AM

Social Rec Room at Brookview

Don't park it - Donate it!

Menno Haven At Home needs vehicles in order to serve clients in our community

Donate your car to Menno Haven and we will take care of everything for you!

Yes, it's that easy!

Call Chuck Nelson in Development Services at 717-262-1019

*Your donation could provide you with certain tax benefits. Menno Haven will issue you a tax receipt letter for your donation.





CHICKEN VEGETABLE POT PIE

Servings: 3

Ingredients:

- 2 medium carrots, sliced
- 1 medium russet potato, peeled and cubed
- 1 small onion, chopped
- 1 celery rib, chopped
- 1 cup water
- 1/2 cup frozen peas, thawed
- 1 cup cubed cooked chicken breast
- 1 can (10-3/4 ounces) condensed cream of chicken soup, undiluted OR use “Gluten-Free Cream of Chicken Soup Replacer” below
- Pepper to taste
- Pastry for single-crust pie (9 inches) or use Bob’s Red Mill Gluten-Free Pie Crust

Directions:

In a saucepan over medium heat with lid on, cook the carrots, potato, onion and celery in water for 10 minutes or until tender; drain. Stir in the peas, chicken, pepper, and soup. Pour into a greased 1 ½ quart deep baking dish. Roll out pastry to fit top of dish; place over filling. Trim, seal and flute edges. Cut slits in pastry. Bake at 350° for 50 minutes or until crust is golden and filling is bubbly.



GLUTEN FREE CREAM OF CHICKEN SOUP REPLACER

Servings:

Equal to 1 can cream of chicken soup

- 3/4 cup gluten-free chicken stock
- ¾ cup whole milk
- 3 tablespoons cornstarch

Directions:

Stir chicken stock, milk, and cornstarch together in a small saucepan until cornstarch is dissolved. Cook over medium heat, stirring constantly, until bubbling, about 5 minutes. Reduce heat to medium-low; continue to cook and stir until mixture is very thick, about 5 minutes. Remove from heat.

Nutrition Facts	
Chicken Vegetable Pot Pie	
Per Serving	
Calories	270
Total Fat	8.5 g
Sat. Fat	2.6 g
Cholesterol	40 mg
Sodium	620 mg
Carb.	35 g
Dietary Fiber	7 g
Protein	19g
Potassium	510mg

Nutrition Facts	
Chicken Soup Replacer	
Per Serving	
Calories	209
Total Fat	6.4 g
Cholesterol	19 mg
Sodium	590 mg
Carb.	31 g
Protein	6.4g

MOTHERS DAY DINNER AT VILLAGE INN

SUNDAY MAY 13, 2018

SEATED DINING 11:30AM | BUFFET DINING 1:30PM

PRICE: \$16.50

AGES 6 - 12 DINE HALF PRICE

UNDER THE AGE OF 5 DINES AT NO CHARGE

APPETIZER

Spring Mix with Dried Cranberries, Pecans and
Raspberry Vinaigrette Dressing
Deviled Eggs

ENTRÉE

Flank Steak with Horseradish Cream
Salmon Lemon Dill
Chicken Chesapeake

ACCOMPANIMENTS

Roasted Red Skin Potatoes
Glazed Baby Carrots
Roasted Autumn Blend

HOMESTYLE DESSERTS

Chocolate Cake
Cheesecake with Strawberries

To make reservations for the Village Inn at Brookview,
please call Sarah Emory or Kelly Setaro at (717) 263-8545 ext. 3541.
Reservations are required by Tuesday, May 4, 2018.
No reservations will be taken after this deadline.

MOTHERS DAY DINNER AT MANOR DINING ROOM

SUNDAY MAY 13, 2018

SEATED DINING 12PM

APPETIZER

Sunday Best Fruit Salad
Pineapple, Apples, Banana, Kiwi, Strawberries, and Peach Pie Filling
Spring Mix Salad
With Mandarin Oranges, Craisins and Sesame Asian Dressing

ENTRÉE

Salmon w/ Fruit Salsa
Salsa - Pineapple, Tomato, Red & Yellow Peppers
Caprese Chicken
*Chicken Breast Marinated in Italian Dressing Topped with Tomato
Slice & Mozz Cheese Drizzled with Balsamic Vinaigrette*

ACCOMPANIMENTS

Baked Potato
Italian Blend Vegetables
Zucchini, Cauliflower, Carrots, Green Beans & Baby Limas
Cheesy Broccoli

HOMESTYLE DESSERTS

Lemon Meringue Pie
Rainbow Citrus Cake
Lemon, Lime & Orange Layer Cake with Lemon Curd & Orange Frosting

To make reservations for the Manor Dining Room,
please call the Manor Dining Room at (717) 261-4171.



“GET IN THE KNOW”

In 1963 Menno Haven adopted the mission statement, **“Nurture the Spirit, Celebrate Life, and Grow in Love!”**

Our mission to serve the body, mind, and spirit continues to guide and motivate us as we strive to be innovative and passionate about your care.

LET’S GATHER TOGETHER

You will be invited to one of our “Get in the Know” gatherings that are currently being organized! Approximately seventy gatherings will occur over the next eighteen months, so be on the look out for your personal invitation!



Pet Waste Receptacles Are Needed

Menno Haven’s Development Services is accepting donations to purchase and install at least 4 pet waste stations.

Let’s keep our Nature Trail and our communities clean!

Send your donation to:
Development Services
2011 Scotland Avenue
Chambersburg, PA 17201



Please make checks payable to: Menno Haven, Inc. and write “Pet Waste Receptacles” in the note section of your check



Investment & Trust Services

As spring approaches, we ready our gloves and trowels in hopes of producing a bountiful harvest. Once established, gardens require ongoing care to ensure that the roots and stems stay strong. The frequency and form of care we provide is largely dependent on the weather and other environmental factors. For example, an extremely hot summer would require us to water our plants daily.

While the comparison might seem odd at first, your savings and investments are a lot like plants. We must diligently assess the ever changing interest rate environment and market conditions to determine the type of care best for your financial matters. Why not let the Investment & Trust Services department of F&M Trust help you plan for a successful harvest? Stop by one of our branch locations or call us at 888.264.6116 to speak with one of our "Master Gardeners" today.

Farewell From Megan

"As you may already know, I have transferred to another position within F&M Trust. I will be working at the Memorial Square office as the Compliance and Security Support Specialist. My last day at the Brookview office was on March 26th. I have had the greatest pleasure getting to work with you all. One of the things I enjoyed most about working at Menno was meeting all of you! You have all been like family and I thank you from the bottom of my heart for all the kindness and wisdom you have shown me over these past 8 years. You will always have a special place in my heart. I will miss you all so very much but I will try to stop by for visits as often as I can!"

- Megan Barnhart

New Medicare Cards

Beginning April 2018, citizens receiving Medicare benefits will receive a new card. The new cards will have social security numbers removed in order to better protect the public against identity theft. Each card will be mailed from the Social Security Office to the address on file at no charge.

Below are several tips to help you protect yourself against scams:

- **You should never be charged for your new card. It's free! Should you receive a call from someone requesting payment from you, it's a scam.**
- **Never provide personal information to get your card. If someone calls claiming to be from Medicare or asks you for your Social Security number or bank information, it's a scam. Hang up!**
- **Guard your card. When you get your new card, safeguard it like you would a health insurance or credit card.**

Welcome Ashley

Please join us in welcoming our new full-time teller, Ashley Timmons. Ashley recently transferred from the F&M Trust Norland Avenue office, where she worked for six years. Below is a note from Ashley:

"Hello! I would just like to take a moment to tell you about myself. I've been married for a year and a half. My husband Ryan and I welcomed our son Greyson on December 14th, 2017. We also have a sweet fur baby and her name is Sadie. I'm very blessed with an amazing family and I'm very excited to meet everyone here at Chambers Pointe!"

- Ashley Timmons

VEGETABLE WORD FIND

R	Z	A	D	P	I	N	S	R	A	P	S	E	N
E	A	U	D	C	A	R	R	O	T	A	P	P	B
W	S	S	C	A	L	G	T	C	A	E	I	U	O
O	A	S	T	C	E	G	A	E	I	R	N	M	P
L	R	C	H	A	H	P	A	B	E	P	R	P	P
F	A	A	E	N	I	I	S	L	A	B	U	K	O
I	L	R	D	P	T	A	N	C	C	T	T	I	T
L	U	O	P	I	C	A	Y	I	A	R	U	N	A
U	G	D	E	L	S	T	R	I	B	P	T	R	T
A	U	U	A	W	O	H	E	K	B	C	E	I	O
C	R	C	U	C	P	T	L	E	A	N	C	P	N
C	A	S	S	A	V	A	E	E	G	B	E	S	C
B	R	E	G	N	I	G	C	L	E	L	O	P	E
H	C	A	N	I	P	S	S	A	E	D	E	W	S

WORDS

CABBAGE
ZUCCHINI
RUTABAGA
RADISH
TURNIP
SWEDE
SPINACH
POTATO
CASSAVA
BEET
LEEK
CAULIFLOWER
PARSNIP
GINGER
CELERY
PEA
CARROT
PUMPKIN
ARUGULA

the
HAVEN **CONNECT**



MARCH 2018
NEW LOOK
SAME GREAT CONTENT



Available online at www.mennohaven.org

THE NEXT HAVEN CONNECT

Information is due by April 13.

Delivered on April 25.

Information submitted after the deadline
will not be included.

Send information to Melissa Rabon at
Melissa.Rabon@mennohaven.org.