

the **HAVEN** → **CONNECT**



MAY 2018



Available online at www.mennohaven.org

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SAVE THE DATE!
AUGUST 10, 2018

CARDBOARD BOAT REGATTA



LITTLE JOYS OF LIFE

by Lori J. Witmer, Executive Director of Spiritual Care



The month of May calls for a celebration! Emerging from the cold dark days of winter into longer light-filled days, we take delight in these little joys of daily living. Sunshine tugs at our jackets as if gently replacing grief's heavy shroud for a garment of joy (Is. 61:3). Late spring rain and snow have blessed our soil with needed moisture like God's natural fertilizer. Drab dormant grasses turn green as shoots emerge reminding us of Christ's resurrection and gift of eternal life (John 11:25). Fear of the last frost is usually gone around Mother's Day when we celebrate both our nurturing mothers and the joy of warmer days. Warming soil beckons germinating seeds to grow. We are provided hope for another harvest. Fresh strawberry blossoms and blueberry flowers are forming into beautiful berries to delight the palate. Flowers bloom while bees, butterflies, and hummingbirds carry out their designed purpose of pollinating as they effortlessly travel from plant to plant. Whitetail deer begin fawning in grass beds while in local gravel streams White Suckers are spawning. Migrating birds bring us greetings from the southern hemisphere reminding us of our global connectedness and how our Heavenly Father watches over all of us regardless of our place of origin (Matthew 6). These little

delights bring deep joy.

As an engaged citizen, I think about how this connectedness within nature reminds us to creatively reexamine our consumer habits and renewal of our commitment to stewardship of all that God has created. Like the pollinators who carry out their purpose and mission, we are called to share our innovative ideas for community peace-building in these troublesome times. Perhaps, it is time to begin volunteering in Menno Haven's program opportunities. Or possibly it is writing a note of encouragement to a neighbor, or making a visit or a phone call? Maybe it means taking good care of yourself by signing up for a trip and finding a new friend, going on a walk, sailing a boat or getting involved in a wellness activity.

Our Creator, who designed the Universe, loves us and invites us to enjoy confident living. How does our living also model caring for our global neighbors and surrounding environment? Our Creator takes great pleasure in all of creation (Revelation 4:11) and invites us to grow in abundant living (John 10:10) while celebrating the little joys that come from "serving one another humbly in love" (Galatians 5:13).

RESIDENT PORTAL 101

3 easy steps to access the Resident Portal!

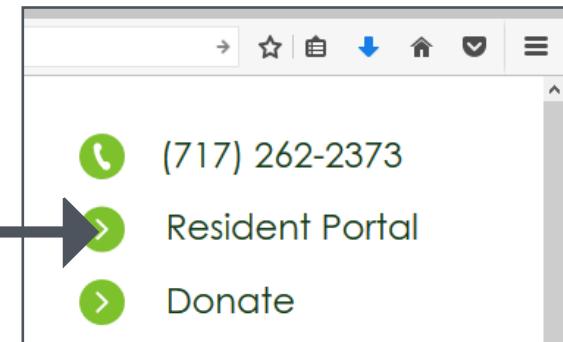
STEP #1

Go to www.mennohaven.org on your smart phone, computer, or tablet. It will look like this!



STEP #2

In the upper right-hand corner, click on **Resident Portal**.



STEP #3

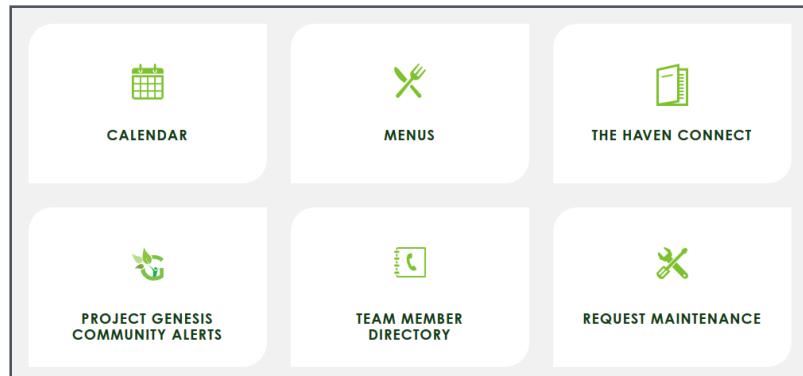
If you've never logged on, you'll be asked for a password.

Enter **mennohaven2017**
then click **login**

A screenshot of the "RESIDENT LOGIN" page. It has a "Password*" field with a placeholder text "Password*" and a large green "LOGIN" button with a white play icon.

YOU MADE IT!

Here you can access a calendar of activities, menus, the Haven Connect, Project GENESIS updates, a Team Member Directory and Maintenance Requests.



OPPORTUNITIES

UPCOMING TRIPS

Reservations for trips are taken by the Leisure Coordinator organizing the specific trip. The phone number for making reservations is indicated for each trip. You may also contact them via email:

Tresa Day: Tresa.Day@mennohaven.org

Sherry Kennedy: Sherry.Kennedy@mennohaven.org

Chris Mellito: Chris.Mellito@mennohaven.org

Fashion Archives & Museum of Shippensburg Univ. NEW EXHIBIT! The Fashions of Fiction from Pamela and Gatsby, May 4: Innovative exhibit based upon descriptions of characters in the texts of seven novels. The fashions represent current trends at the time of publication, and those of the recent past. Tickets are \$4 and can be purchased at the museum. Bus departs from Northgate at 1:30PM, Brookview Chapel at 1:40PM, and Renaissance at 1:50PM. For more information call Tresa Day at (717) 261-2328.

Baltimore's Inner Harbor, May 9: We are chartering a 14 seat minibus for this trip. Cost of transportation is around \$30 per person- paid by check. Deadline for check is May 4th- to be given to Chris Mellito. Wear comfortable walking shoes. Trip limited to 13 people. Five hours on your own to explore the harbor: trolley tour, harbor cruise, science museum, aquarium, paddle boat, ship tour, shopping and eating. Bus departs from Northgate at 8:15AM, Brookview Chapel at 8:20AM, and Renaissance @ 8:25AM. For more information, call Chris Mellito at 263-8545, ext. 3273.

"Oklahoma" presented by Chambersburg Community Theater, May 11: Set in Western Indian Territory, the high-spirited rivalry between the local farmers and cowboys provides the colorful background against which Curly, a handsome cowboy, and Laurey, a winsome farm girl, play out their love story. Tickets may be purchased by calling the Capitol Theater box office: (717) 263-0202. Bus departs from Northgate at 6:30PM, Brookview Chapel at 6:35PM, and Renaissance at 6:45PM. For more information call Tresa Day at (717) 261-2328.

Paul's Country Market in Waynesboro, May 12: Farmers market with high quality produce, homemade baked goods, garden accessories, restaurant, and greenhouse. Bus departs from Northgate at 10AM, Brookview Chapel at 10:15AM, and Renaissance at 10:40AM. For more information call Tresa Day at (717) 261-2328.

"Scheherazade: A Fantasy in Music" presented by Maryland Symphony Orchestra, May 13: Program Highlights: Tchaikovsky, Piano Concerto No. 1, B Flat Minor, Op. 23 and Rimsky-Korsakov, Scheherazade. Featuring guest pianist Vadym Kholodenko. Tickets may be purchased by calling the box office at (301)797-4000. Show starts at 3PM. Bus departs from Northgate at 1:30PM, Brookview Chapel at 1:40PM, and Renaissance at 1:50PM. For more information call Tresa Day at (717) 261-2328.

Lunch at Dutch's Daughter May 14: Dutch's is known for excellent food, great service and a comfortable atmosphere. Bus departs from Northgate at 10AM, Brookview Chapel at 10:05AM, and Renaissance at 10:10AM. For more information, call Chris Mellito at (717) 263-8545, ext. 3273.

Master Gardener Annual Plant Sale in Chambersburg, May 19: Rain or shine. Heirloom and unique varieties, most not offered at garden centers. Master Gardeners available to offer assistance for choosing plants offered plus provide tips on the best way to plant and care for those selected. Proceeds from this fundraiser support Master Gardener projects. Bus departs from Northgate at 9AM, Brookview Chapel at 9:10AM, and Renaissance at 9:20AM. For more information call Tresa Day at (717) 261-2328.

"Elvis through the Years" at Scotland School for Veterans Children, May 19: Concert begins at 6PM, featuring Taylor Brown as Elvis Presley. This concert will take you from Elvis' humble beginnings in 1954 to the pinnacle of his career in 1970's. He will be joined by the sensational Camron Robertson, an all-around entertainer who brings to life artists such as Dean Martin, Bobby Darin and Buddy Holly amongst many others. General admission ticket is \$16.62 per person. For tickets, call Missy at (301) 302-2441. Bus departs from Renaissance at 5:10PM, and Northgate at 5:20PM. Due to construction, Brookview residents are asked to go to Northgate for pick up or contact Sherry Kennedy for alternative pick up location. For more information call Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.

Allenberry Playhouse Presents Gypsy, May 20: This classic musical was inspired by memoirs of the legendary burlesque dancer Gypsy Rose Lee. 2PM show. Run Time: 2 hours and 45 minutes. Tickets-\$22-\$28. Bus departs from Northgate at 12:15PM, Brookview Chapel at 12:20PM, and Renaissance at 12:30PM. For more information, call Chris Mellito at (717) 263-8545, ext. 3273. Please call Chris before buying tickets to verify availability.

Whispering Brook Cheese Haus, May 21: The Cheese Haus has been producing a variety of wholesome, tasty raw milk cheeses since 2004 and you'll have a chance to see the behind the scenes cheese-making process! You'll also have a chance to purchase delicious cheeses, local honey, homemade jams and local maple syrup sold at Whispering Brook. Afterwards we will go to lunch (location TBD), cost on your own. Bus departs from Renaissance at 10:10AM and Northgate at 10:20AM. Due to construction, Brookview residents are asked to go to Northgate for pick up or contact Sherry Kennedy for alternative pick up location. For more information call Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.

Chambersburg Senior High School Jazz & Steel Band Concert, May 21: Under the direction of David Wenerd, the band will perform highlights of their repertoire. Free event. Held at Memorial Park in Chambersburg. BRING LAWN CHAIRS. Bus departs from Northgate at 6PM, Brookview Chapel at 6:10PM, and Renaissance at 6:20PM. For more information call Tresa Day at (717) 261-2328.

The National Shrine of Saint Elizabeth Ann Seton, May 22: Join us for a guided tour of the Basilica, St. Joseph's cemetery, the White House and the Stone House. Tour is 1-2 hours. There will be plenty of walking involved. Cost is \$5 (cash only). Bus departs from Northgate at 12:05PM, Brookview Chapel at 12:10PM, and Renaissance at 12:15PM. For more information, call Chris Mellito at (717) 263-8545, ext. 3273.

Lunch at Café 101 and visit to Village Artisans Gallery in Boiling Springs, May 24: Beautiful outdoor café by the Children's Lake, delicious soups, sandwiches and homemade desserts. Village artisans gallery features an eclectic selection of fine craft & art created by American artists. Bus departs from Northgate at 10AM, Brookview Chapel at 10:15AM, and Renaissance at 10:40AM. For more information call Tresa Day at (717) 261-2328.

OPPORTUNITIES

Fort Hunter Mansion and Park in Harrisburg, May 29: Surround yourself with the presence of the past by taking a professionally guided tour of the elegantly restored Fort Hunter Mansion that will spark your imagination of bygone days. Cost is \$6. Lunch afterwards (cost on your own). Bus departs from Northgate at 9:30AM, Brookview Chapel at 9:35AM, and Renaissance at 9:40AM. For more information, call Chris Mellito at (717) 263-8545, ext. 3273.

"Joseph and the Amazing Technicolor Dreamcoat" presented by Totem Pole Playhouse, May 30: The irresistible family musical about the trials and triumphs of Joseph, Israel's favorite son. This magical musical is full of unforgettable songs that come to life on stage, complete with a children's choir! A show for the whole family! Tickets may be purchased by calling the box office at (717) 352-2164. Bus departs from Northgate at 12:30PM, Brookview Chapel at 12:40PM, and Renaissance at 12:50PM. For more information call Tresa Day at (717) 261-2328.

The Army Heritage Center and Visitor Center Trail in Carlisle, May 31: The Army Heritage Center and visitor Center is self-guided with many in-depth displays, a movie theater and hands on exhibits. The Army Heritage Trail serves as an outdoor museum. Visitor center and trail are free. Bus departs from Northgate at 12:20PM, Brookview Chapel at 12:25PM, and Renaissance at 12:35PM. For more information, call Chris Mellito at (717) 263-8545, ext. 3273.

Dinner at Market Cross Pub, Carlisle, May 31: Popular downtown English-style pub offering imports and craft beer, as well as their own homemade brews. Menu includes seafood, steaks, prime rib, lamb and traditional English dishes. Bus departs from Northgate at 3:30PM, Brookview Chapel at 3:40PM, and Renaissance at 3:50PM. For more information call Tresa Day at (717) 261-2328.

Volvo Factory Tour in Shippensburg, June 12: Volvo provides construction equipment, connecting sales and marketing, technology and operations all on one campus. We'll arrive early and start with a safety video. Our group will see the Fabrication Shop, Assembly Hall and Material Service Center. Although Volvo will provide all personal protection equipment to wear (i.e. safety vests & safety glasses), but residents are asked to wear closed-toed/heeled shoes in order to enter the factory. There will be a lot of walking! Tour lasts approx. 1 hour. Bus departs from Renaissance at 8:10AM and Northgate at 8:20AM. Due to construction, Brookview residents are asked to go to Northgate for pick up or contact Sherry Kennedy for alternative pick up location. For more information, call Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.

National Air and Space Museum's Steven F. Udvar-Hazy Center at Dulles Airport, June 16: The Udvar-Hazy Center has two huge hangars - the Boeing Aviation Hangar and the James S. McDonnell Space Hangar and also offers the Donald D. Engen Observation Tower. 90 min. free tour (Lunch on site). Cost of transportation is around \$27 per person paid by check (chartered 14 seat minibus). Wear walking shoes. Deadline for check is June 13th - to be given to Chris Mellito. Bus departs from Northgate at 9:05AM, Brookview Chapel at 9:10AM, and Renaissance at 9:15AM. To reserve your spot please email or call Chris Mellito at (717) 263-8545, ext. 3273.

"National Day of the Cowboy" at Green Grove Gardens, July 27: Celebrating the life of the cowboy (and cowgirl) with this epic tribute. Saddle up as Dale & Kip take you back to the days of the Wild West with cowboy poetry and music. Cost of \$28.50 per person includes family-style dinner and concert. Doors open at 6PM, dinner at 6:30PM, and show starts at 7PM. For tickets, call Green Grove Gardens at (717) 597-0800. Bus departs from Renaissance at 5:10PM and Northgate at 5:20PM. Due to construction, Brookview residents are asked to go to Northgate for pick up or contact Sherry Kennedy for alternative pick up location. For more information call Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.

MOVIES

Movies at Chambers Pointe:

Join us for Renaissance Movies in May held in the Renaissance Dining Room.

For more information, contact Sherry Kennedy at (717) 709-4543 or in-house ext. 4393.

- **Friday, May 4 at 6:30PM:** Our feature presentation will be **Murder on the Orient Express**. Based on the novel by Agatha Christie: Hercule Poirot, the best detective in the world decides to leave on the Orient Express. The train accidentally gets stopped because of a small avalanche. Little did he know that a murder was planned and that a person on this train was able to commit such a crime. Will he solve this murder before the train starts working again? (Approx. run time: 1hr. 54 min. Rated PG-13, 2017)
- **Friday, May 18 at 6:00PM (Note earlier time):** Join us for **Guys & Dolls** starring Marlon Brando, Jean Simmons, Frank Sinatra & Vivian Blaine! It's a romantic musical spectacular that sets the Big Apple afire with excitement! (Approx. run time: 2hrs. 29 min. Rated G; 1955) DUE TO LENGTH OF MOVIE, A SHORT INTERMISSION WILL BE OFFERED.
- **Thursday, May 24 at 2PM:** Join us for Sight & Sound's production of **Noah** the musical, Sight and Sound's most beloved of all stage productions. Captured in high definition before a live audience, relive Noah's spectacular journey of faith. Witness in great detail Noah's forty-foot-high ark being built by a cast of 50 professional actors. Experience hundreds of colorful animals so close you feel like you could reach out and touch them. (Approx. run time: 1hr. 50 min.)

Movies at Brookview:

- **Tuesday, May 8 at 1:15PM – Move of the Century-Cape Hatteras Light.** The move took place in 1999. Come watch the movie to hear about the history and the move. **Shown in the Village Square Hobby Room.**
- **Wednesday, May 9 at 7PM – The Darkest Hour.** During 4 weeks in 1940 the courageous leadership of newly appointed British Prime Minister, Winston Churchill, changed the course of World History. **Shown in the Northgate Multipurpose room.**
- **Tuesday, May 22 at 1:15PM – The Quiet Man.** Starring John Wayne & Maureen O'Hara, this film is one of the most romantic and enduring epics. First American feature to be filmed in Ireland's countryside. Approx. 2 hours in length. **Shown in the Village Square Hobby Room.**
- **Monday, May 28 at 1:15PM – March of the Wooden Soldiers.** The story takes place in Toyland, a town whose inhabitants are all takes on popular fairytale characters – Little Bo Peep, Tom Tom, the Piper's son, the old lady who lives in a shoe, otherwise known as the Widow Peep, the Cat and the fiddle, Mother Goose, who opens the film and introduces the characters in song, the Three Little Pigs (Elmer, Willie and Jiggs), and a host of others. Runtime is 78 minutes. **Shown in the Village Square Hobby Room.**
- **Tuesday, May 29 at 7PM – Chaplin.** Re-creation of the life of comic genius Charlie Chaplin, from his humble beginnings in south London through his early days in British vaudeville, his silent movie career in America and his late masterpieces. Rated PG-13. **Shown in the Northgate Multipurpose room.**
- **Thursday, May 31 at 5:45PM – The Nature of the Holy Land part 2 – the Crowded Desert** takes you on a remarkable exploration of the Holy Land. Approx. 1 hour in length. **Shown in the Village Square Hobby Room.**

SPIRITUAL

Bible Studies - Wednesdays

- 10:30AM Brookview Social Recreation Room
- 1:30PM Chambers Pointe William Penn Room
- 3:00PM Northgate Conference Room

Thursday Chapel Services

- Every Thursday at 10:15AM, Brookview Chapel

Sunday Services - Sundays

Brookview Chapel: 8:45AM and 10:15AM
(rebroadcast on Channel 956 at 6:30PM)

- Chambers Pointe Chapel: 10:15AM

Rosary - Rosaries provided for those who don't have their own.

- **Rosary at Brookview:** Every Tuesday at 9:15AM.
- **Rosary at Chambers Pointe:** Every Friday at 9:30AM.

Lutheran Communion

- Brookview Chapel the second Tuesday of every month at 1:30AM

2nd Sunday of the Month Service

- 6:15PM in Brookview Chapel by Cumberland Valley Mennonite Churches

Catholic Mass

- **Mass at Brookview:** First Thursday of every month, Brookview Chapel.
- **Mass at Chambers Pointe:** First Wednesday of every month, Chambers Pointe Chapel.

OTHER

RABBITTRANSIT PRESENTATIONS

Learn more about Senior Shared Ride for those 60 and older for purposes of: Grocery, senior center, bank, medical, fitness/PT, visit, work and etc. Small fees apply to ride. Questions? Call Billie Torrey, Volunteer/Transportation Manager at (717) 261-2360.

Monday, April 30

- 10AM Chambers Pointe Chapel - call Sherry Kennedy for on-campus transportation at (717) 709-4543.
- 2PM Brookview Chapel - call Tresa Day for on-campus transportation at (717) 261-2328.

THIS IS MY STORY

Tuesday, May 1, 7PM, Northgate Club Room. George and Shirley Wend have been almost everywhere on the planet! Culled from his vast collection of photographs and footage, George will be sharing on some of the Wends' visits. For more information call Tresa Day at (717) 261-2328.

GROWING THROUGH GRIEF

Tuesday, May 1, 1:30PM in the Brookview Chapel Grief support group. Preregistration is requested by phoning Grane Hospice at (717) 763-4001, ext. 10446.

CLOTHING ALTERATIONS

Tuesdays, May 8 and 22 from 9-10AM in the Village Square Social Rec Room and 10:15AM - 10:45AM in the Chambers Pointe Garden Level Lounge. Bring items that need minor repairs. For more information, contact Village Square PEP Team at (717) 261-2490 or Chambers Pointe PEP Team at 717-261-4000.

AARP DRIVERS CLASSES

Cost is \$15 for AARP members and \$20 for NON AARP member. Call Helen at (717) 262-2373 for reservations. All classes held in the Northgate Multipurpose Room, 8AM - 12PM.

8 hour Classes held in 2 days

May 2nd & 3rd
October 17th & 18th

4 Hour Refresher Classes (must have previously taken the 8 hour class)

April 19th
June 13th
September 12th
November 14th

FALLINGWATER LECTURE

Tuesday, May 8, 7PM in Northgate Club Room. Lecture by Roger Tappen. He will share on the history of Fallingwater, and the lives and work of both the Kaufmann family and Frank Lloyd Wright. For more information call Tresa Day at (717) 261-2328.

SAVE THE DATES - SPECIAL EVENTS AT CHAMBERS POINTE

Chambers Pointe Cottage & Renaissance residents: Invitations coming soon!

Thursday, May 10 at 5:30PM – Mexican Dinner catered by Montezuma! More details to come!

Tuesday, June 20 at 5:30PM – Tapas Event featuring small plate appetizers for you to sample, artisan cheese & meat tray along with crackers & dip, as well as a selection of red and white wines. More details to come!

TREASURE CHEST PICK-UP AT CHAMBERS POINTE

May 10th and May 24th at Chambers Pointe. Donations must be at the Manor Lobby no later than 9:30AM on these days so the volunteer can pick up the items for transport. If items are not there by 9:30, they will have to wait until the next pick up.

HEALTHY EATING ADVENTURE

Tuesday, May 15 at 7PM in Northgate Multipurpose Room. Free lecture presented by Christine Mayer, MED. Director of Fulton Center for Sustainability Studies at Wilson College. For more information call Tresa Day at (717) 261-2328.

VOTING AT THE POLLS

Transportation is provided for those can't drive to Park Avenue Church for voting at the polls on **Tuesday, May 15**. Trips will be taken in the morning for Personal Care residents and in the afternoon for Cottage and Renaissance residents. Sign up with the PEP Team by calling (717) 261-4000 or in-house ext. 2015.

MAY BIRTHDAY LUNCH FOR BROOKVIEW COTTAGE RESIDENTS

Thursday, May 17 at 1:30PM in the Arbor Room. Brookview cottage residents with May birthdays are invited to celebrate with one guest. Please RSVP by calling Chris Mellito at (717) 263-8545, ext. 3273.

BINGO AT BROOKVIEW

Residents are invited to play Bingo on **Thursday, May 17 at 5:45PM** in the Social Rec Room.

FREE ARTHRITIS SEMINAR

Hosted by Summit Health on **Friday, May 18 at 2PM** in the Brookview Chapel.

SHIPPENSBURG GERMAN BAND AT CHAMBERS POINTE

Saturday, May 19 at 1:30PM in the Chapel. This 18-piece group performs throughout the year and the band plays traditional and modern Wies'n Hits, popular songs from the Oktoberfest in Munich and other festivals.

TIE COMFORT TOPS

Monday, May 21 at 9AM in the Hobby Center. All residents are invited to come tie comfort tops for the Cumberland Valley Relief Center.

ATTENTION RESIDENTS! BEAUTIFICATION DAY



Tuesday, May 22 from 9AM - 12PM We will plant anything you want around your home!

Call Karen Maclay (717) 261-2320 by Friday, May 18th at noon.

MURAL PROJECT FOR NORTHGATE

Tuesdays, May 22 and May 29 at 1:30PM in the Northgate Creative Arts Room. Painters needed, you don't have to be an "artist" to help! Five panel mural is being created for wall space at Northgate. All supplies provided. For more information call Tresa Day at (717) 261-2328.

"THE CIVIL WAR'S HUMAN FACE"

PRESENTATION BY ANN HULL

Ann Hull from the Franklin County Historical Society will join us on **Tuesday, May 22 at 1:30PM** in the Chambers Pointe Chapel. She will present an discussion about "The Civil War's Human Face." Ann's talks stir up a wider public interest in the history of our special part of the Cumberland Valley area.

FLOWER BINGO NIGHT AT CHAMBERS POINTE

Cottage and Renaissance residents are invited to join the fun on **Thursday, May 31** at 6PM in the Renaissance Dining Room. In addition to our Bingo games with prizes, we'll also have refreshments and interesting trivia about flowers.

PHILOSOPHICAL ENQUIRY GROUP

Thursdays at 3:30PM in the Northgate Conference room. In March we discussed Phenomenology, Goethe, and mathematical representation of reality and are planning to move to "Good and Evil." All are welcome! For questions call Joseph Fortuna at (717) 261-0462.

MEDICATIONS COLLECTION

The Green Team will have a medications collection on **Friday, May 11:**

Northgate Lobby: 9:30AM – 10:15AM Village Square Lobby: 10:30 – 11:15AM Manor Lobby: 11:30AM – 12:15PM

Bring medications in their original containers but remove or deface labels.

PLAY CROQUET AT NORTHGATE

9 wicket croquet with all equipment provided. Come play or watch. Benches and umbrellas on site. **Every Saturday at 10AM** (weather permitting). Note: You may play on your own anytime. Located behind Northgate. For more information call Paul Saberin at (717) 267-1571.

COME PLAY CANASTA

Come play on **Monday afternoons** at 1PM in the Renaissance. If you have questions, call Irma Kaslow at 709-4356 or Jacqui Whitfield at (717) 261-4041. Everyone is welcome!

IPAD ASSISTANCE AVAILABLE

Please call Village Square PEP office (717-261-2490 or in-house ext. 3126) to schedule a time to meet with someone to answer questions regarding your iPad.



May 1, 2018

Chambers Pointe Chapel
9:30AM

May 2, 2018

Brookview Chapel
2PM

May 3, 2018

Northgate Chestnut Landing
10AM – 11:30AM

SHIPPENSBURG AARP #3324, 2018 FORT MORRIS TOURS Tours depart from Target Store in Chambersburg

Thursday, June 21: Mystery Trip.

Lunch is included! There will be a stop for supper (on your own) during the return trip.

Departure: 7AM **Return:** 8:30PM **Cost:** \$130

Final payment due: Friday, May 18, 2018

Wednesday, July 11: Fulton Theater: The Hunchback of Notre Dame

Enjoy a lunch at the Good N' Plenty family style restaurant before going to the Fulton Theater for the production of "The Hunchback of Notre Dame."

Departure: 9:30AM **Return:** 6PM **Cost:** \$130

Final payment due: Friday, June 8, 2018

Thursday, August 16: American Treasure Tour, QVC, tour of a Helicopter Museum

Included: American Treasure Tour, an all-indoor massive collection of Americana from antiques to pop culture; lunch; shopping at and tour of QVC studio; a visit to the American Helicopter Museum. There will be a stop for supper (on your own) at a Turnpike Plaza.

Departure: 7AM **Return:** 8:30PM **Cost:** \$130

Final payment due: Friday, July 13, 2018

Tuesday, September 18: Wolf Sanctuary, Chalk Talk, and Wilbur Chocolate

Included: A guided tour of the Wolf Sanctuary; a buffet lunch at the Lititz Family Cupboard; Chalk talk at Alva's studio; a stop at the Wilbur Chocolate Store (Wilbur Buds!). NOTE: The Wolf Sanctuary has gravel walkways and hill to walk to see two of the wolf packs. Use of a walker may be difficult, but most of the pertinent information is provided in a flat area.

Departure: 7AM **Return:** 6:45PM **Cost:** \$135

Final payment due: Friday, August 17, 2018

For more information and sign-up forms, contact:

John or Marcia Luetzelschwab: JLML3324@comcast.net or phone: (717) 264-9539



WALK-A-MILE IN HER SHOES EVENT FOR WIN (WOMEN IN NEED)

OUR GOAL IS TO RAISE: \$1,500

SUPPORT OUR TEAM BY DONATING IN THE JARS
AROUND MENNO HAVEN
OR

DONATE ONLINE AT:
WINSERVICES.ORG/WAMDONATE
OR
send a check payable to WIN to Helen

EVENT DATE: MAY 4 AT 6 PM
DOWNTOWN CHAMBERSBURG

ATTENTION MEN!
LOOKING FOR TEAM MEMBERS!
SEE HELEN KECKLER FOR MORE INFO!



RESIDENT CORNER



Shared messages from one community to another

SPECIAL THANKS

To the Team Members and Residents of Chambers Pointe:

Thanks to each and every one of you for attending the surprise baby shower and the planning process. It was very nice having all of my residents and coworkers together celebrating. I am truly blessed.

- Brittany Armstrong,
Receptionist at the Manor



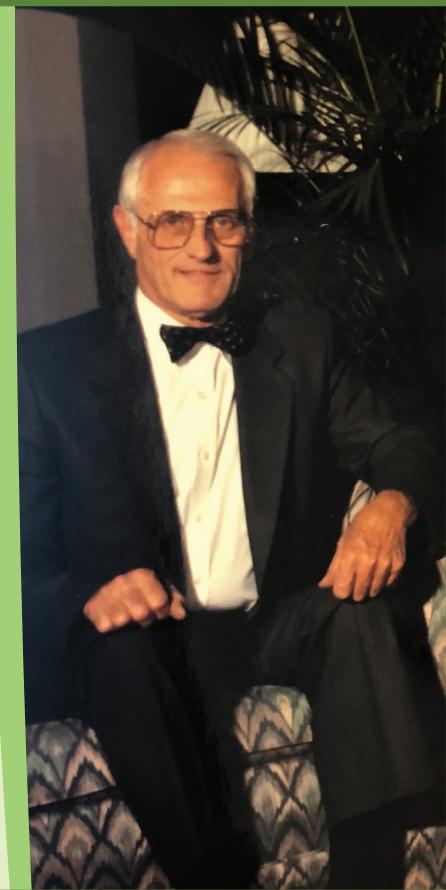
GET IN THE **KNOW**

"I have seen Menno Haven go from just a dream in the early 60's to an organization that is way beyond what we ever could have imagined. I am so proud that Menno Haven never lost sight of its original mission to provide quality healthcare and to always demonstrate Christian love and compassion."

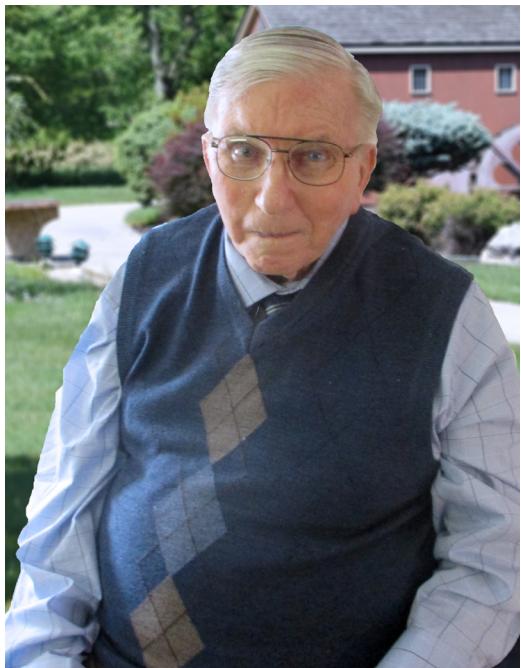
- Charlie Diller, Founder, Previous Board Member and Current Resident

LET'S GATHER **TOGETHER**

You will be invited to one of our "Get in the Know" gatherings that are currently being organized! Approximately seventy gatherings will occur over the next eighteen months, so be on the look out for your personal invitation!



DEVOTIONS FROM HARRY



The resurrection was unexpected for everyone involved. As Jesus was hanging on the cross and facing his death, everyone thought it was over. Three days later, as Mary came to the tomb, she was expecting Jesus to be there, but the tomb was empty, except for his clothing. Jesus was alive! He died for our sins, and rose again to give us hope. Jesus still is alive! God is still moving today and we are called to be servants of the risen Lord.

*Now the green riseth from the buried grain.
Wheat that in dark many days has lain
Love lives again, that with the dead has been.
Love is come again like wheat that springeth green.*
-Now The Green Blade Riseth, French Carol, J.M.C. Crum (1872-1958)

- Harry Black, Brookview Health Care Center

WAREHIME-MEYERS MANSION TOUR

The Hanover Historical Society provided an excellent tour of the Warehime-Meyers Mansion to Menno Haven residents on Friday, April 6. A spectacular building was presented to us in loving detail by a great tour guide. While we might disagree with some choices of paint (the orange room, for example) we could not disagree with the interesting collections and details of the house.



After this impressive tour, we had an equally impressive lunch where everyone raved about the food they ordered -- The Dutch Country Restaurant in Hanover is a great choice for anytime dining. Thanks to Chris, for another great get-away day!

- Karen Motyka, Chambers Pointe



GREEN TEAM NEWS

Reduce your volume of trash – Part 2: Oops – again! We have a lot of other items for this issue, so Part 2 will appear next month.

Recycling tip for May - Metals: Be sure to rinse out cans. Aluminum foil, paint cans, and aerosol containers cannot be recycled

Medications collection: The Green Team will have a medications collection on Friday, May 11. See announcement in another section of this issue for times and locations.

Glass and Styrofoam recycle: We have been informed that CWP (our recycler) no longer takes glass and large pieces of Styrofoam. Unbroken glass can go into the trash; broken glass needs to be put into a small box to prevent workers from being cut.

Building recycle: Residents living on the Scotland Avenue campus are watching the removal of the 100's cottages. Menno Haven is recycling as much of the materials as possible. Gutters, downspouts, air conditioning, and heating materials are recycled as metals. The brick is also sent to a facility for reuse.

Televisions: Menno Haven has received permission to take large loads to Washington Township so residents can have Maintenance pick up your CRT TV for a cost of \$30.

UPDATE FROM THE GROUNDS TEAM

Here are some highlights of items that will be coming up over the next month! Four Seasons will be in to treat lawns sometime in late April or early May. They will be applying a slow release fertilizer, broad leaf weed control, and a crab grass control. Flags will be placed in the lawns after the treatment is made. Please keep off the lawn for approximately 1 - 2 hours after the application has been made. Also in May, Premier Window Washing will clean the outside of windows and screens. Further notification on the dates will be coming!

REMINDER! (Featured in the last issue of Haven Connect)

We will be replacing shrubs that have already been removed or need to be removed due to the health of the plant. This past January we had very low temperatures for an extended period of time. Some of you may have noticed the browning of a few of our holly leaves. Most likely you will see a lot of the leaves dropping off the plants. However, the hollies are not dying. The damaged leaves will drop but the buds on the plants are still alive and will push out new leaves. Since the last printing I have noticed more browning of the hollies and boxwoods leaves, and even the Blue Atlas Cedars losing needles. Again, I will watch these plants closely. At this point I feel that the damage is limited to the leaves and needles only. The plants should sprout out with new growth this spring. Have an enjoyable Spring!

- Kerry Weaver, Grounds Manager

TRANSPORTATION AND VOLUNTEERS

MENNO HAVEN TRANSPORTATION

Operates Monday through Friday, between 8am and 6pm and Saturdays from 8AM to 4:30PM.

- Transportation to **medical appointments** within Chambersburg area – Accept appointments as late as 3:30PM, call for return by 5:30PM.
- **On-campus and between campus** transportation – complimentary service, call to request
- **Caregiver assistance** provided for medical appointments. Assistance is offered getting from your home to the vehicle and into the doctor's office.

VOLUNTEER AT BROOKVIEW

- **Village Square Pool Tester:** Test water chemicals and temperature on weekends (mornings). Takes approximately 15 minutes but is necessary to keep the pool open on weekends. Must be able to distinguish color differences. Training provided.
- **Sunday Chapel Volunteers:** Assist with Sunday services as an usher, accompanist, or camcorder operator.

TRANSPORTATION VOLUNTEERS

- **Errand Drivers** - Drive Menno Haven car or minivan to deliver the interoffice business mail between communities as well as occasional errands in the Chambersburg area.
- **Escorts** – Accompany Personal Care and/or Health Care Center residents to medical appointments using Menno Haven transportation.
- **Out-of-town Drivers** – Drive Menno Haven car or minivan to take resident to medical appointments in neighboring towns – Greencastle, Hagerstown, etc.

COMPLIMENTARY SHOPPING TRIPS

Brookview & Chambers Pointe Apartments, Cottages, and Villas

Walmart

Last Thursday of every month
Departs Brookview at 1:15PM
Departs Chambers Pointe at 1:30PM

Giant & Butcher Shoppe

Every Thursday
Departs Brookview at 9AM
Then on to Chambers Pointe

Target and Kohls Shopping Centers

Call to request.

Schedule your transportation today!
Call (717) 261-2526

VOLUNTEER AT CHAMBERS POINTE

- **Chapel Transporters** - Assisting residents in wheelchairs to chapel services. This is a great opportunity for a few friends or a small group to serve together!
- **Camera Operators** - Broadcast Sunday services, Chambers Chatter and special programs. Simple system to operate and training is provided.
- **Sunday Chapel Volunteers:** Assist with Sunday services as an usher, accompanist, or camcorder operator.

To volunteer, please contact

Brookview

Justine Hartman, (717) 261-2527

Chambers Pointe and Treasure Chest

Janet Hyatt, (717) 261-4152

MENNO HAVEN AUXILIARY



SMITH'S CHICKEN BBQ

Smith's Barbecue Chicken serves up juicy chicken along with green bean casserole, baked potato, applesauce, and roll with butter.

Purchase your tickets in advance and save \$1 per dinner!

Saturday, May 19, 2018

11AM - 2PM or when sold out.

Chambers Pointe parking lot in front of the Renaissance building.

Chicken Dinner (Advance) - \$11

Chicken Dinner (Day of) - \$12

Tickets will be sold in any of our Gift Shops or by contacting Karen Porter at (717) 377-6648, kporter2@comcast.net or Billie Torrey at (717) 261-2360, billie.torrey@mennohaven.org.

Buy your chicken dinner and support the Menno Haven Auxiliary in the funding of projects that Brighten the Life and Lighten the Load of our team and residents.

VILLAGE STORE AT BROOKVIEW

WOW! Ritz Crackers

\$2.25 / 16 oz. box (8 packs in each box)

Tom Sturgis Crunchzels (crispy, crunchy pretzels)

\$1.99 / 9 oz. bag

Help Yourself to that great Licorice!

\$1.19, Red or Black

Hours:

Monday - Friday

10 AM to 2 PM

Saturday

10 AM to 12 PM

MAY SPECIAL!
Planters Cocktail Peanuts
\$2.99 / 16 oz. can



GIFT SHOPS AT MENNO HAVEN

You won't want to miss the exciting Springtime and Mother's Day gifts at our Gift Shops! Come and shop for the following merchandise plus many things not mentioned!

- Mother's Day greeting cards plus all occasion cards for \$1 each
- Mother's Day wrapped Russell Stover candies
- Blooming violets for Grandma or Mom
- Lovely tea-towels, tea cup mats, etc.
- Rainbow of colored scrubbies and dish cloths
- Coloring books & colored pencils
- Multiple scents of "Naked Bee" lotions
- "Choice Books" on the spindle rack
- Attractive jewelry and scarves
- Gift cards to local stores & restaurants

Village Gift Shop at Brookview

Monday - Friday

9:30AM to 3:30PM

Saturday, 10AM to 2PM

The Glass House at Chambers Pointe

Monday - Friday

10AM to 3 PM

Northgate Curio

Displayed items available for purchase.

TREASURE CHEST THRIFT STORE AT BROOKVIEW

May flowers will soon be in abundance at the nurseries and elsewhere. How pleasant to see all the pretty color after the browns and greys of winter (minus the snow).

As we think of getting outdoors why not stop in at the Treasure Chest and see what we have on display? Mother's Day is the 13th so it is time to be thinking about a gift for her. Or come to see what we have for our sale on May 10, 11, and 12.

The pickup dates for Chambers Pointe this month are the **10th and the 24th of May**. Please have your items at the Manor lobby on those dates by 9:30AM if you have items to donate.

Hours:

Thursday

9AM to 6PM

Friday

9AM to 3PM

Saturday

10AM to 1PM

Phone: (717) 261- 2373

WELLNESS NEWS

CANCELLATIONS

All morning exercise classes at Brookview and Chambers Point will be canceled on Wednesday May 2nd, Friday May 11th, Friday May 18th and Monday May 21st due to fitness and balance assessments.

All exercise classes are canceled on Monday May 28th due to Memorial Day.

VILLAGE SQUARE

April 26: 11AM lobby exercise is canceled due to fitness assessments at Northgate.

New Water Class! Water Wobble

A new class for those who want to improve their balance. Why water? Come and enjoy the advantages of water which fosters range of motion while challenging balance and facilitates core strength and stability. Every Thursday from 2:15PM -2:45PM Village Square Pool May 3rd – June 14th

Any questions please contact Rhonda at 717.217.5404 or rhonda.campbell@mennohaven.org.

NORTHGATE

All morning exercise classes are canceled on Thursday, April 26th due to fitness and balance assessments.

FITNESS & BALANCE ASSESSMENTS

No registration required - just stop by!

Wednesday, May 2

10AM - 11:30AM

Laurel Room at Chambers Pointe

Friday, May 11

10AM -11:30AM

Laurel Room at Chambers Pointe

Friday, May 18

10AM - 11:30AM

Social Rec Room at Brookview

Monday, May 21

10AM - 11:30AM

Social Rec Room at Brookview

CHAMBERS POINTE

Corn Hole: Starting May 1, we will play Corn Hole every Tuesday in the William Penn Room for 1PM - 2PM. Frank and Sally Magalski are heading it up.

Square Dancing in May

May 2nd - with SpiritTrust and Magnolia, Laurel Room at 2:30PM

May 23rd - with Spirit Trust, Laurel Room at 2:30PM

May 16th and 30th - Laurel Room at 2:30PM

THE LONGEST DAY

The wellness centers at Menno Haven are asking for team members and residents to join this fight by exercising on the NuStep! Our goal is to reach 50,000 steps at each wellness center! Donations are accepted but NOT required. All proceeds go to local chapter of the Alzheimers Association. Any questions? Contact Tammy Bayer at (717) 217.5405 or tammy.bayer@mennohaven.org



PASTA WITH ASPARAGUS, ARUGULA & RICOTTA

Servings: 4

Ingredients:

- 3/4 pound thin asparagus, woody ends snapped off, cut into 1-inch lengths
- Salt to taste
- 3/4 pound penne, fusilli or bow-tie pasta
- 1/2 cup fresh ricotta
- 2 tablespoons extra virgin olive oil
- A generous handful of baby arugula or wild arugula leaves, rinsed and spun dry (about 1 ounce, or 1 cup tightly packed)
- Freshly ground pepper
- 1/3 cup freshly grated Parmesan
- Pepper to taste



Directions:

1. Bring a large pot of water to a boil, and add a generous amount of salt. Add the asparagus. Cook pencil-thin asparagus for two minutes, three to four minutes if stems are medium-thick. Transfer to a bowl of ice-cold water. Drain and set aside.
2. Place the ricotta in a large pasta bowl.
3. Bring the water back to a boil, and add the pasta. Cook al dente, following the directions for timing on the package but checking a minute before the suggested cooking time. Stir 1/3 cup of the pasta cooking water into the ricotta. Drain the pasta and toss at once with the olive oil and ricotta, the arugula, asparagus, pepper, and Parmesan. Serve hot.

Nutrition Facts
**Pasta with Asparagus,
Arugula & Ricotta**

Per 4 Servings

Calories	244
Total Fat	15 g
Sat. Fat	5.5 g
Carb.	18 g
Dietary Fiber	3 g
Protein	19g



FATHERS DAY

AT CHAMBERS POINTE

Sunday, June 17, 2018
12PM in the Manor Dining Room
Call (717) 261-4171 for reservations

Warm Cheesy Potato Salad

Red potatoes, bacon, cheese, and sour cream served warm

Greek Pasta Salad

Rotini pasta, black olives, feta cheese, red onion and Greek dressing

Stuffed Flounder

Flounder stuffed with shrimp and crabmeat

Carved Prime Rib

Tender prime rib served to order

Sides

Baked Potato
Sautéed Green Bean w/ Onions
Rainbow Carrots

Desserts

Caramel Drizzle Pie
Mandarin Orange Cake

NEW LAW, NOW WHAT? BRUNCH AND LEARN

Join Us for Coffee and Pastries!

**Menno Haven's Development Services Team Presents
Guest Speaker**

Nikki Shingle

CGPA, CAP, Regional Director at Everence

WHEN: Tuesday, May 22nd 9:30 - 11:00 AM

WHERE: Chestnut Landing - Northgate

RSVP: Call or Email Sonja
717-261-2318
development@mennohaven.org



DON'T PARK IT - DONATE IT!

MENNO HAVEN AT HOME needs SUVs, vans and cars in order to serve the clients in our community.

DONATE YOUR CAR TO MENNO HAVEN
and we will take care of everything for you!

Call Chuck Nelson in Development Services
for more information

717.262.1019

*Your donation could provide you with certain tax benefits.
Menno Haven will issue a tax receipt for letter for your donation.



Banking Done Your Way

May 2018

Investment & Trust Services

Ah, the good ole days...As I frequently find myself on hold waiting for "assistance," I remember the day when I called an organization for assistance and the phone was answered by a real person who would resolve the issue immediately or connect me to someone who could. I did not have to navigate a myriad of telephone prompts to try to get to the correct department.

As a community bank we at F&M Trust believe that as a bank we should keep the best of the past, incorporate the benefits of today and prepare to adapt for the future. When you call one of our offices, your call will be answered by a representative who will determine your needs and get your inquiry to the right department. You will also benefit from our advanced technology that allows you to do your banking anywhere. If you would like more information about how our Investment & Trust Services Department can help you take advantage of modern investment products and services that will help you provide security for your money in these ever changing financial times, stop in to one of our offices or give us a call at 888.264.6116.

Visit F&M Trust at Northgate

You're invited to meet with us in the Northgate Living Room on the 3rd Tuesday of every month. An F&M Trust representative will be onsite from 10:00am- 11:00am to speak with you regarding any questions or concerns you may have. We look forward to this opportunity to get to know our customers.

Online Banking Seminar

Are you interested in learning more about Online Banking at F&M Trust? A free seminar will be held on May 16th from 9:00am - 11:30am in the Brookview Chapel. Tricia Ganoe, Data and Deposit Operations Manager, will provide an overview of our Online Banking services and answer any questions you may have. Learn how to manage details related to your deposit accounts, transfer funds, and more with a few simple clicks.

Topics Include:

E-Statements

Get secure and instant access to your statements from your computer or mobile device

Mobile Banking

Mobile banking provides users with an intuitive experience accompanied by text messaging capabilities. Mobile banking offers a full-service solution addressing the varied needs of our customers.

People Pay

People Pay is a convenient person to person payment system that allows you to send money from your account to another individual through the F&M Trust Mobile App.

SecurLOCK™ Equip

SecurLOCK™ Equip is a mobile application that allows you to control where, when and how your Freedom Debit MasterCard® is used. Card functions can be turned on or off with the touch of a button. You can also set up spending limits and location based controls to block international transactions.

Member FDIC

ALL THINGS FRENCH

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WORDS

BONJOUR
CHEESE
CROISSANT
CATHEDRAL
BICYCLE
EFFEL TOWER
PARIS
WINE
NAPOLEON
MERCI
MONA LISA
ECLAIR
CREPE
VINEYARD
PASTRIES

the
HAVEN CONNECT



MARCH 2018
NEW LOOK
SAME GREAT CONTENT

MENNOHAVEN
live confidently

Available online at www.mennohaven.org

THE NEXT HAVEN CONNECT

Information is due by May 18.

Delivered on May 30.

Information submitted after the deadline will not be included.

Send information to Melissa Rabon at Melissa.Rabon@mennohaven.org.